YOUNG & RESILIENT RESEARCH CENTRE

Y&R 2024 SEMINAR SERIES

14 August:
Dr Catharine Fleming

School of Science and Health, Western Sydney University

#lets_make_a_change: a child rights approach to child and adolescent nutrition measurement



This is a presentation of a novel adolescent centred methodology was used to facilitate the design and development of youth centred nutrition indicators. This world first co-designed suite of indicators will drive changes in research, policy and clinical practice that support the prioritisation of actions that enable more representative nutrition outcomes to be achieved for adolescence.

Biography

Dr Catharine Fleming is a Lecturer in Public Health in the School Health Science, Western Sydney University and is Stream Co-Lead for Youth Participation and Engagement in the Young and Resilient Research Centre. Dr Fleming has a PhD in paediatric nutrition and dietetics and over 15 years' experience in paediatric nutrition relating to infant and young child feeding, paediatric food allergy and childhood obesity. Dr Fleming has research experience in mixed methods, co design, clinical and public health research methodologies covering quantitative, qualitative and data linkage studies. This experience has involved working with families, children and population-based data in paediatric nutrition in a variety of clinical, community and global settings. Dr Fleming is building a body of work focusing on protecting against lifelong chronic disease through investigating different aspects of feeding and diet in the most teachable moments of childhood and adolescence.

14 August, 12:00pm to 1:00pm

Parramatta South EA.1.09 & online