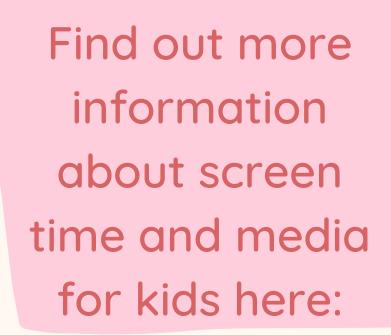


WHERE CAN I FIND INFORMATION ABOUT SCREEN TIME?

'Screen time' includes
watching TV,
watching or playing
games on tablets or
on phones

Aim to balance screen
time with playing games
together, heading
outside and talking
together.





Our children learn best by talking, playing and exploring their world with thier family and friends.

LEARN, PLAY AND GROW TOGETHER

