WESTERN SYDNEY UNIVERSITY





Your Guide to Services and Support for students

All services offered by Western Sydney University below are FREE!

To find answers to commonly asked questions or simply get some help navigating a range of services and support available at Western, go to help.westernsydney.edu.au

BEFORE UNIVERSITY westernsydney.edu.au/starting

has everything you need to know about how to succeed at university.

STARTING AT WESTERN SYDNEY UNIVERSITY

Orientation Sessions are an opportunity for you to find out more about your course and to meet fellow students and academic staff. **westernsydney.edu.au/orientation**

MATE

If you are a first year student, MATES provides you with an opportunity to connect with other new students and mentors who are in later years of study. This program will help you meet friends, network with other students and gain knowledge and skills to settle into life at University.

westernsydney.edu.au/mates

Someone to talk to

Have a question? Student Central is your first point of contact for information, advice, forms and referrals to other services.

HOW TO CONTACT US:

P: **1300 668 370**

E: studentcentral@westernsydney.edu.au For more information, check out our webpage: westernsydney.edu.au/studentcentral

Counselling Services

The Counselling Service offers confidential counselling appointments for individuals including face-to-face, phone, and online counselling.

TO MAKE AN APPOINTMENT:

P: **1300 668 370**

E: counselling@westernsydney.edu.au For more information and resources visit: westernsydney.edu.au/counselling

Welfare Services

The Student Welfare Service offers a confidential service; we can you help with:

- → support and advocacy by helping you to navigate University systems and provide support if you are experiencing difficulties (academic or personal).
- → financial assistance the Service offers a range of financial assistance to assist you with education- related costs and basic living expenses, including interest free loans, grants, textbook vouchers and emergency food assistance.

Appointments are available either face-to-face or over the phone.

TO MAKE AN APPOINTMENT:

P· 1300 668 370

E: welfareservices@westernsydney.edu.au For more information, please visit: westernsydney.edu.au/welfare

Disability Services

The Disability Service supports and assists future and current students with disabilities and chronic health conditions to participate fully in university life and reach their full academic potential. This particularly involves the development of Academic Integration Plans (AIP) which outlines reasonable education adjustments.

Appointments are available either face-to-face or by phone.

TO MAKE AN APPOINTMENT:

P: **1300 668 370**

E: disability@westernsydney.edu.au For More Information, please visit westernsydney.edu.au/disability

Chaplaincy

The presence of the Chaplaincy service at Western Sydney University is an acknowledgement of the important role that religion and spirituality play in many students lives and in their educational and career aspirations. Chaplaincy offers a caring presence to all staff and students at the University; supporting spiritual inquiry, encouraging clarity about one's own beliefs and curiosity about the beliefs of others, offering hospitality and creating community.

westernsydney.edu.au/chaplaincy

WORKSHOPS AND RESOURCES

From time management, to getting ready for study, the University offers you a range of workshops. Check them out at:

westernsydney.edu.au/workshops

We also offer online modules to help you develop skills that will help you in Study and in Life! westernsydney.edu.au/skillsforsuccess

ACADEMIC AND LEARNING SUPPORT

PAS

Peer Assisted Study Sessions (PASS) is a student centered learning program offered face to face or online. In PASS you will meet and work collaboratively with other students from your unit to understand the unit content and develop study strategies to help improve academic performance.

westernsydney.edu.au/pass

Study Smart Advisors

are available at all campus libraries and online to help you with your academic writing and study skills.

westernsydney.edu.au/studysmart

Studiosity

provides on demand study help with academic literacy skills and core subject support, a 'writing feedback' service and personal one-to-one help

www.studiositv.com

The Mathematics Education Support HUB (MESH)

Assists you with maths, stats and numeracy. Services include face-to-face help in most campus libraries, workshops, an online answer service "I Don't Get It" and online revision sites: westernsydney.edu.au/mesh_events

GET INVOLVED AND HAVE FUN

Student Representation and Participation

If you want to be a voice for your peers at the University, join the Student Representative Council: orgsync.com/81000

Why not join or set up your own club or society: **orgsync.com/80999**

There's always something happening on campus, including free breakfasts! Checkout what's on by visiting: westernsydney.edu.au/campuslife/campus_life

Lead Engage Aspire Develop (LEAD)

is a SSAF funded leadership program helping you build confidence, communication and leadership skills. This flexible program includes interactive workshops, conference attendance and much more. Whether you want to open your own company later, become a pro at negotiations or give back to the community you can develop core leadership skills with LEAD.

westernsydney.edu.au/lead

OTHER SERVICES

Child Care Centres:

westernsydney.edu.au/childcare

Gyms on campus:

gym.westernsydney.edu.au

FOR FURTHER INFORMATION ON FACILITIESAND SERVICES FOR STUDENTS

westernsydney.edu.au/servicesandfacilities

P: 1300 897 669

 $\verb|E:study@westernsydney.edu.au| \\$

OR

Contact the Student Central info line on

1300 668 370.

E: studentcentral@westernsydney.edu.au