



# Aged 45-65 years? You're invited.

## FREE LIFE PURPOSE COACHING

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If you are aged between 45-65 years and reside in Western Sydney, you are invited to participate in a research project to determine the preparedness of pre-retirees and the impact of life purpose coaching on the financial planning process.

We are looking for people aged 45 – 65 years to complete our survey. Eligible participants will also have the option to participate in three FREE life purpose coaching sessions, and to tell us about their experience.

Why? We want to determine if life coaching sessions help people plan for retirement. We are also interested to know if life purpose coaching sessions have a role to play as part of the financial planning process.

To participate in the survey, scan the QR code or go to:  
[https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV\\_3z1RFnBSeORLujs](https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_3z1RFnBSeORLujs)



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### MORE INFORMATION

See the [Participant Information Sheet](#) or contact Associate Professor Michelle Cull

Email: [m.cull@westernsydney.edu.au](mailto:m.cull@westernsydney.edu.au)

Note: Free coaching sessions are limited to the first 15 eligible participants.