

## Project Boost Transcript: Supporter Video

Someone who's studying at Western Sydney University has nominated you to be their supporter. But you're probably wondering: what is a 'supporter'?

Research shows that when a student has someone checking in with them about their studies, they engage more with their degree and it can improve their grades. The student who nominated you wants you to be that person.

Both you and the student will receive weekly text messages about one of the classes they are taking this Semester. The aim of the text messages is to prompt you to try and chat about the subject they're taking, and uni in general.

For example, the messages might: tell you about what the student learned in class, and prompt you to ask them about it; let you know about upcoming exams or deadlines, or; give you tips to encourage the student to get the most out of their time at university

Use the messages to start a conversation about their study anytime, anywhere - over the phone, over a coffee... you name it.

You don't need to be an expert on the topic they're studying, or know much about university. What matters is that you touch base with them regularly and show them that you care about them succeeding.

If you have any questions you can find out more by searching for 'Project Boost' on the Western Sydney University website.