

## PLATFORM FOR MULTI-POINT COOPERATION AND SCIENTIFIC RESEARCH

The Centre conducts scientific research to validate and translate Chinese medicine, aiming to advance its integration into modern mainstream healthcare.

We have established the **first Sino-Australian Oncology Research Alliance**, a clinical research cooperation platform in collaboration with South Western Sydney Local Health District, including Liverpool Hospital.

Current projects at The Centre include:

### Acupuncture & Other Manual Therapy

- **Cancer-Related Pain:** Evaluating acupuncture's effectiveness in managing pain, with promising results from global clinical trials.
- **Moxa-Therapy:** Exploring public hospital outpatients' perceptions, acceptability, and feasibility of moxa-therapy.
- **Tuina survey:** A survey examining the expectations of patients receiving tuina Chinese remedial massage for cancer survivorship support services.

### Mind-Body Exercise Programs

- **Baduanjin for Cancer-Related Fatigue:** A randomised controlled trial assessing the feasibility and acceptability of remotely delivered (via Zoom) Baduanjin exercise - two studies for different populations.
- **Guolin Qigong for Cancer Survivors:** Investigating how Guolin Qigong improves fatigue and associated symptoms among breast, lung, and colorectal cancer survivors.
- **Standing Meditation Qigong for Back Pain and General Health:** Assessing the feasibility of delivering qigong via a 3-day workshop for healthy participants and those with non-specific back pain

### Clinical Protocol Development

- Developing an evidence-based expert consensus statement to guide clinical trial protocols involving Chinese medicine in integrative cancer care.

### Patient-centred Studies

- **Multicentre TCM Survey:** Exploring cancer survivors' awareness, attitudes, expectations, and utilisation of TCM modalities during or after treatment.
- **Hyperemesis Gravidarum:** Investigating the impact on women's lives and their experiences with Chinese herbal medicine.

## DONATION TO THE CHINESE MEDICINE CENTRE

Your donation will advance Chinese medicine globally and benefit patients worldwide. In recognition of your contribution, we offer:

### Wall of Recognition

Your contribution will be showcased on our Wall of Recognition at the Centre, visible to domestic and international visitors to this important Australia-China learning and exchange platform.

### Certificate of Gratitude

An official certificate jointly signed by the Vice Chancellor of Western Sydney University and President of Beijing University of Chinese Medicine.

### Exclusive Event Invitations

Personalised invitations to donation ceremonies held during major events, as well as all future Centre activities.

### CONTACT

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WESTERN SYDNEY  
UNIVERSITY



Australia-China  
Chinese Medicine Centre  
中澳中醫中心

# CHINESE MEDICINE CENTRE

A COLLABORATION BETWEEN WESTERN SYDNEY UNIVERSITY AND BEIJING UNIVERSITY OF CHINESE MEDICINE



### VISION

To promote the international recognition and development of Chinese medicine for the benefit of health and well-being.

### MISSION

To create the world's leading international Centre for collaboration in Chinese medicine and a unique borderless platform for innovation in medical education, scientific research, clinical service and community engagement.

## The Centre is a major outcome of the China-Australia Free Trade Agreement (ChAFTA).

The Centre advances Chinese medicine through education, research and cultural exchange. Located at Western Sydney's Campbelltown and Westmead campuses, it reflects a decade-long partnership between Western Sydney University and Beijing University of Chinese Medicine.

### PLATFORM FOR EDUCATIONAL SYNERGY AND EXCELLENCE

Education is a priority for the Centre.

Supported by the Australian Department of Foreign Affairs and Trade, China's Ministry of Education and the China Scholarship Council, the Centre partners with leading Chinese medicine universities in China and premier Australian institutions to deliver comprehensive educational programs.

#### Academic pedagogic training

We have established a Chinese medicine English training base for academics from Chinese medicine universities in China.

#### PhD double degree program

Doctoral co-supervision through a joint double degree program or joint postgraduate training with Beijing University of Chinese Medicine.

#### Overseas clinical training opportunity

Both Undergraduate and Postgraduate Chinese Medicine programs incorporate a clinical internship offered in collaboration with Nanjing University of Chinese Medicine or Beijing University of Chinese Medicine.

#### Academic exchange programs

Short-term and long-term exchanges for students and academics across Chinese medicine, public health, nursing, and hospital management through partnerships with multiple Chinese medicine universities.

#### Professional programs

High-level seminars and workshops, including the International Presidents Forum and public seminars.



### PLATFORM FOR HIGH-QUALITY RESEARCH AND HEALTH SERVICES

Recent data shows that 68% of Australians have used complementary or alternative therapies in the past year, with Chinese medicine as a popular choice. As the first Western country to regulate Chinese medicine practice, Australia provides a unique environment for integrating traditional wisdom with modern healthcare standards. The Centre leverages this foundation to advance evidence-based Chinese medicine through research and clinical services.

#### Clinical sites:

- **Wellness Centre:** Delivering acupuncture and Tuina as part of clinical research for cancer patients at South Western Sydney Local Health District, including Liverpool Hospital.
- **UniClinic:** Providing acupuncture, Chinese herbal medicine, and Tuina (Chinese massage) services at Western Sydney's Campbelltown Campus.

### PLATFORM FOR COMMUNITY HEALTH AND CULTURAL OUTREACH

Based in Greater Sydney, one of Australia's most culturally and linguistically diverse (CALD) regions, the Centre bridges traditional Chinese medicine with multicultural communities. Through strong local partnerships, we promote health, wellbeing, and cross-cultural understanding.

We advance awareness and acceptance of Chinese medicine through:

- Workshops
- Popular science health seminars
- Regular radio segments
- Publications and educational materials

### Key Community Programs & Workshops in 2025:

- 4-Week Baduanjin Training Workshop
- City of Canterbury Bankstown Library: TCM Health & Wellbeing Lecture Series
- Meeting community members at the Multicultural Community Association
- Cumberland City Council Chinese New Year Celebration
- Burwood Council: Traditional Respect for the Elderly Cultural Event
- Tai Chi workshops and TCM herbal sachet activities at Western Sydney's Parramatta South and Campbelltown Campus

### DIGITAL RESOURCES

The following highlights showcase our commitment to health promotion through diverse projects, events, and media activities (links active in PDF version):

#### Key Digital Media & Resources

- [Traditional Chinese Medicine in Western Doctor's Eyes](#) (YouTube)
- [Introduction of Australia-China Chinese Medicine Centre](#) (YouTube)
- [Chinese Medicine Meets the World: Chinese Medicine Clinic at Western Sydney University](#) (Bilibili, Chinese)
- [Chinese Medicine Program at Western Sydney](#) (YouTube, Chinese)

#### Key Academic & Professional Activities

- [10<sup>th</sup> Anniversary of Australia-China Chinese Medicine Centre & 1<sup>st</sup> Asia-Pacific Forum on International Communication of TCM](#) (Article in Chinese)
- ["Chinese Materia Medica" Exhibition in The Royal Botanic Garden Sydney](#) (YouTube)
- [International Bilingual TCM Short Video Competition](#) (YouTube)
- [Inauguration of Malaysia's First Traditional and Complementary Medicine \(T&CM\) Research & Herbal Medicine Guideline](#) (Article in English)

