

Women's Experience Survey of Hyperemesis Gravidarum[®]

Life impacts, experiences of treatment and perceptions of Chinese herbal medicine.

Study Participation

What is the Women's Experience Survey of Hyperemesis Gravidarum?

This survey collects information from women using a questionnaire about her experiences of hyperemesis gravidarum (HG). HG is characterised by severe or intractable nausea and vomiting of pregnancy resulting in dehydration and potential weight loss. It is a potential complication of pregnancy that some women experience.

Will I be asked for personal identifying information?

No. The survey does not collect information that can directly identify you. Any information collected is aggregated – this means that all women who respond have their responses grouped so individual responses are not identifiable.

Why are studies of HG pregnancy-related complications important?

Complications of HG are the main cause for a woman to be admitted to hospital during her first trimester of pregnancy. The more we understand about women's HG experiences and perceptions of HG treatments, the better we can inform future care practises, including research to investigate further treatments and interventions, and advocacy to support maternal health. One area of future research interest being asked in this survey version is the use of Chinese herbal medicines.

How does the Women's Experience Survey of Hyperemesis Gravidarum study work?

The survey questionnaire has been designed to be completed solely online. This reduces your inconvenience and allows for as many women who are currently or have experienced HG to respond. Women's lived experiences are important to this study.

If you are interested, please read the information about participating in the survey. This is called the participant information sheet. (See link located below). It describes in more detail about the survey. It explains the processes involved with taking part to help you decide whether to participate. If you are still interested to participate after reading the participant information sheet, please select the 'begin the survey' button or scan the QR code (below).

What happens when I select to 'begin the survey'?

You will be taken to a separate webpage and asked to confirm that you have read the participant information sheet and to provide consent for the collection of your feedback using the survey instrument.

Before entering the main survey, you are asked to answer five questions. These determine your eligibility. You will enter the main survey if you are 18 years or older, have a confirmed diagnosis of HG from a medical practitioner, and if you are currently or have experienced HG in the previous 24 months.

Will the information I share be kept private?

Your privacy is important to us. The survey does not collect personal identifying information. Additionally, all survey responses are stored on a password protected computer system secured by the Western Sydney University and only accessed by members of the research team. Your responses could be used for future HG-related projects with your consent.

What types of questions will you ask me?

The survey is in five sections and comprises 41 questions. The sections are:

- Section 1: The diagnosis of HG you received
- Section 2: Demographic information
- Section 3: Impact of HG on you
- Section 4: Your current or past HG treatment experience
- Section 5: Your perceptions of Chinese herbal medicine for HG

What are the benefits of participating?

You may not benefit directly from participating in this survey. This is because the outcomes are for future happenings. However, your active involvement in this study may positively impact other women who will encounter HG in the future.

Will I find out about the results of this survey?

Yes! We will make the analysed results of the survey available on the website.

If I have more questions, who can I contact.

Contact a member of the research team by:

Email: womenshgsurvey@westernsydney.edu.au

Phone: 0476 879 662

Read more about the survey, a copy of the Participant Information Sheet and/or consent at:

https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_5j9VQB5zSxNQeIC

OR

Scan the QR code with your mobile device to be taken to the survey entry page for the information:



If you feel at all worried or distressed by thinking about your HG experiences, please contact your GP, or the following help lines:

- **Beyond Blue** provide access to information, advice and support mental health. Telephone 1300 224 636
- **PANDA** (Perinatal Anxiety & Depression Australia) supports the mental health of parents and families during pregnancy and in their first year of parenthood. Telephone 1300 726 306
- **Lifeline** provides access to 24-hour support. if you are experiencing emotional distress Telephone 13 11 14