



Student Checklist for Engaging with UNSDGs in Learning Abroad Programs

This checklist is designed to guide students through a thoughtful and engaged participation in their Learning Abroad Program, ensuring that they not only gain a rich educational experience but also actively contribute to and learn from the global efforts towards sustainable development as outlined in the UNSDGs.

1. Pre-Departure Preparation

- Research and understand the 17 UNSDGs.
- Learn about the host country's progress and challenges related to the UNSDGs.
- Identify the UNSDGs that align with your study program and personal interests.

2. Educational Engagement

- Actively participate in discussions, workshops, and seminars about the UNSDGs.
- Engage with course content that addresses global challenges and sustainability.
- Complete assignments and projects that involve critical thinking and solutions-oriented approaches to the UNSDGs.

3. Local Community Interaction

- Take part in community service projects or partnerships that contribute to the UNSDGs.
- Respect and learn from the local culture, understanding its relation to sustainable development.
- Network with local students, organisations, and professionals working on initiatives related to the UNSDGs.

4. Cultural Immersion and Adaptation

- Embrace and respect local customs, understanding their significance in the context of sustainable development and cultural diversity.



- Reflect on your experiences and interactions, considering how they relate to the principles of the UNSDGs.

5. Personal and Professional Development

- Identify skills and knowledge gained during the program that contribute to your ability to support the UNSDGs.
- Consider career paths or further education that align with sustainability and global development goals.

6. Reflection and Contribution

- Maintain a journal or blog documenting your experiences, insights, and reflections on the UNSDGs.
- Use social media platforms to share your journey, stories, and learning about the UNSDGs. Tag relevant organisations and use hashtags like #UNSDGs, #GlobalGoals, #WSULearningAbroad, #SustainableWSU, and #WSUGlobalCitizens to increase visibility and engagement.
- Create content such as posts, videos, or infographics that highlight your contributions to the UNSDGs and encourage discussions among your network.

7. Post-Program Engagement

- Participate in post-program events or forums to share your experiences and the importance of the UNSDGs. Use social media to promote these events and your participation.
- Explore ways to continue contributing to the UNSDGs in your local community or through your academic and professional pursuits, sharing your initiatives and calling for action through social media.
- Connect with sustainability-focused groups or forums on social media to stay engaged with global efforts and discussions.

8. Feedback and Continuous Learning

- Provide feedback on your Learning Abroad Program, specifically regarding its integration and promotion of the UNSDGs, through social media platforms to reach a broader audience.



- Seek out additional resources and learning opportunities to continue your engagement with sustainable development and global challenges, sharing your findings and experiences on social media to foster a community of continuous learning.