Aubrey Townsend Sale was born in Burnie, Tasmania in c.1890 to William Robert Sale and Eleanor M.M. Sale. According to Aubrey’s Service Record he had one brother and one sister, Evelyn Helen Johnson nee Sale.

Aubrey attended Launceston Grammar and Hutchens School, Hobart.

William was a Mine Manager when Aubrey entered HAC, aged 18 in 1909. In 1909 Aubrey was a member of the Rifle club and gained the First Aid to the Sick and Injured Certificate. In 1910, Aubrey was part of the College Life-Saving Club gaining the proficiency certificate, the highest certificate awarded by the Royal Life-saving Society. He also came first in the Rifle Club B Series competition, and won the College double handicap tennis tournament. Aubrey gained the Diploma and left HAC in December 1910.

Aubrey was an Orchardist at the time he enlisted on 1 June 1915 in the 12th Battalion Australian Imperial Force. Aubrey’s Service Record also states he had been a member of the School Cadets.

Embarking from Fremantle, Western Australia on board HMAT A62 Wandilla on 25 June 1915, Aubrey served at Gallipoli where he was wounded in November 1915. By June
1916, Aubrey was in France, transferring to the 1st Australian Division Salvage Company in February 1917. Aubrey was admitted to a Casualty Clearing Station at St. Omer towards the end of June 1918 with influenza, and died of pneumonia on 3 July 1918. Aubrey was 28 years old, and is buried at Lonuenesse (St. Omer) Souvenir Cemetery, France.

Evelyn Helen Sale enlisted as a Staff Nurse in the Australian Army Nursing Service on 9 July 1918.