

## **Positionality question cards**



At the beginning of the co-research process and throughout, reflect individually on these questions to critically examine the power dynamics between yourself and youth researchers. These questions could also be adapted to be used by youth researchers, if they are working in a team where power differentials between youth researchers may exist. Consider coming together as a team to discuss your reflections and document actions.

What power do I have? Where did I get this from?	In whose interests do I exercise this power?	How might my power influence the research project?	Am I relatable to the young people I will be working with?	What power do the young people hold in a research context?









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Are there power differentials? How might Do young people I am Who am I to the young How will I know how issues Who would we be people I want to work these shape the working with see me as of power are impacting the together? trustworthy or capable of relationship between process? with? myself and young people earning trust? involved in research? ......











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Do I know how young people would like be supported and what they would like to learn and gain from the experience?

What was I like as a young person? What did I want and need?

What is my dominant view of young people? How might this influence my ways of working? ...........

address power dynamics over time? .....

How will I continually

How do I understand young people involved in research? Who are they to me? ......

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