

Birchtree Centre: Clinical Psychology Registrar Program 2024

About us:

The Birchtree Centre was founded by Dr Sophie Reid and Jace Cannon-Brookes in 2015 and is now a collective of over 50 trauma-specialist clinicians across Forest Lodge and Pymble, offering individual therapy, group therapy and evidence-based adjunct therapies in the treatment of complex trauma. Birchtree Centre is a community of like-minded private practitioners who believe in working together by sharing knowledge and resources to achieve the best outcomes for clients.

Since its inception, Birchtree has worked to raise the standard of mental health care in Australia by shaping the next generation of trauma-informed specialists through our Clinical Registrar Program. Birchtree also has a Charitable Foundation dedicated to providing equitable access to vulnerable communities, and has worked extensively with regional NSW. Birchtree is building a number of exciting projects that registrars may be able to participate in.

About the program:

Birchtree Centre's Clinical Registrar Program is offered at either our Forest Lodge or Pymble centre, 2 days a week, with one being a Saturday. It is a contractor position with a competitive pay rate and reduced room rent, including the first 4 weeks as rent-free to get you started.

All referrals will be provided by the Centre, and your caseload will be built up gradually under the recommendation of your supervisor to allow you to settle in at your own speed. This program is for professionals who are interested in expanding their knowledge and confidence in the treatment of complex trauma, and in being a part of the collective wisdom that is our Birchtree community.

Supervision:

During the Registrar Program, all Registrars will be supervised at least fortnightly on-site by one of the Co-Directors of Birchtree Centre: Dr Sophie Reid or Jace Cannon-Brookes, with capacity for more supervision as needed. There is also an opportunity to attend peer group supervision with the other Clinical Psychology Registrars and fellow Birchtree clinicians.

Professional Development:

Registrars will be expected to attend all Birchtree's Masterclasses and Trainings throughout the year (free of charge), including a two-day 'Understanding the Long Limbs of Trauma' workshop presented by Jace Cannon-Brookes and Dr Sophie Reid, all of which can be counted towards Continued Professional Development.

Birchtree's clinicians have a huge range of experience and knowledge from multiple sectors and are always keen to work collaboratively and assist colleagues with advice and recommendations to better serve their clients. As such, there will be opportunities throughout the year to network with colleagues at training days and social get-togethers, and you will be given access to Birchtree's collaborative online library.

There are also opportunities for Registrars to assist with the Workshops and to lead Groups offered in the twelve months from commencing their position.



Desirable Criteria:

Previous experience and demonstrated interest in working with:
Developmental Trauma, Eating Disorders, Domestic Violence, Addictions, Adolescents.

Responsibilities:

- Administration of the clinician's own practice software (most Birchtree clinicians use Halaxy), client bookings and schedules, adherence to Medicare requirements, and payment schedules.
- Assessment and management of client attending for psychological intervention.
- Provision of evidence-based clinical psychology interventions in the treatment of client mental health difficulties.
- Attendance at masterclasses and training days.
- Attendance at supervision.
- Ongoing Professional Development as per AHRPA requirements.

There are positions available at both the Forest Lodge and Pymble Centre's for 2024 – please be sure to indicate your preference when applying.

To apply, please send a cover letter and your CV with two referees (at least one from a clinical placement) to: practice.manager@birchtreecentre.com.au

