



# SUPPORTING BREASTFEEDING

## Students and Staff

### BREASTFEEDING SUPPORT

Western Sydney University supports students and staff who wish to breastfeed their baby while they participate in work or study on campus.

Women are welcome to breastfeed their babies wherever they feel comfortable on campus. There are also 17 dedicated breastfeeding rooms available across 9 campuses for those who wish to use a private space for breastfeeding. These rooms are equipped with a privacy screen, comfortable chair and access to refrigeration. Power points for expressing breastmilk and lockers for storage of personal equipment are available.

### PARENTAL AND BREASTFEEDING FACILITIES ON CAMPUS

The following rooms are available for staff, students and visitors and can be used by parents and for breastfeeding.



Campus	Location
Bankstown	Building 1.G.07 Building 1 G.08
Blacktown	Building BL.U10.1.26
Campbelltown	Building 2.G.35 Building 21.G.39 Building 30.1.07

Campus	Location
Hawkesbury	Building K4.G.20 Building K4.G.79
Kingswood	Building N.G.11 Building N.G.13
Liverpool	Building 3.1.15 Building 3.1.18
Macarthur Clinical School	Building X7.G.38
Parramatta City	Building 1.1.33 Building 1.1.34
Parramatta South	Building EB.G.16 Building EHa.LG.63



## WORKPLACE PARENTING SUPPORT

The University offers generous provisions and services to staff who have parenting responsibilities. The services are detailed in [The Supporting Parents Toolkit for Staff](#).

In addition to this toolkit, a two page handout [Managing Family Responsibility - For Partners](#) has been developed to further highlight the provisions and services available to partners who have parenting responsibilities, including as primary



carers.

## BREASTFEEDING FRIENDLY WORKPLACE

Western Sydney University is accredited by the [Australian Breastfeeding Association](#). The Australian Breastfeeding Association has trained Breastfeeding Counsellors who are available to assist women with their breastfeeding concerns, and questions about how to combine breastfeeding and returning to work. They can be contacted on the toll-free number 1800 686 268.

Office of Equity and Diversity 2020

## FURTHER SUPPORT

If you have any queries regarding parental leave and breastfeeding support at the University please contact the [Office of Human Resources](#) or [Equity and Diversity](#).

## MORE INFORMATION

Parenting Support Toolkit:

[westernsydney.edu.au/equity\\_diversity/equity\\_and\\_diversity/gender\\_equality/parenting\\_support](https://westernsydney.edu.au/equity_diversity/equity_and_diversity/gender_equality/parenting_support)

Flexible Work Options:

[westernsydney.edu.au/people\\_and\\_culture/opc/our\\_employment/flexible\\_work\\_options](https://westernsydney.edu.au/people_and_culture/opc/our_employment/flexible_work_options)

[westernsydney.edu.au/equity\\_diversity/equity\\_and\\_diversity/gender\\_equality/flexible\\_working\\_arrangements](https://westernsydney.edu.au/equity_diversity/equity_and_diversity/gender_equality/flexible_working_arrangements)

Workplace Flexibility Policy:

<https://policies.westernsydney.edu.au/document/view.current.php?id=137>

Managing Family Responsibilities:

[westernsydney.edu.au/human\\_resources/ohr/leave/managing\\_family\\_responsibilities](https://westernsydney.edu.au/human_resources/ohr/leave/managing_family_responsibilities)

The Australian Breastfeeding Association:

<https://www.breastfeeding.asn.au/>

