



What's the latest research on

HEALTHY AGEING?

Come and join Western Sydney University researchers Dr Genevieve Steiner, NICM and Dr Emma George, School of Science and Health to learn about the latest research evidence on healthy ageing.

Gen and Emma will present findings from research on healthy ageing carried out here at IRT Links Seaside, and talk about what you can do to stay healthy, active, and sharp for longer!



when

Thursday, 20 October, 2016
10.00 - 11.00am



where

IRT Links Seaside Restaurant
1 Ross Street, Wollongong NSW



cost

Free
Complimentary tea and coffee provided



register

Register at the IRT Links reception desk or phone 1800 024 195 by Thursday, 20 October, 2016

NICM[™]

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