



# Western Sydney University Psychology Clinics

## PROMOTING WELLBEING, MENTAL HEALTH AND THE LOCAL COMMUNITY

The Western Sydney University  
Psychology Clinics offer:

**PSYCHOLOGICAL TESTING OF  
CHILDREN, ADOLESCENTS  
AND ADULTS**

This includes the assessment  
of learning, intelligence and  
memory. Please note, all referrals  
for psychometric assessment  
require a referral from your  
doctor or health professional  
before an appointment is made.

**PSYCHOLOGICAL TREATMENT  
FOR CHILDREN, ADOLESCENTS  
AND ADULTS REQUIRING  
ASSISTANCE WITH:**

- Anxiety disorders, including  
fears, phobias and worries
- Obsessive-compulsive and  
related disorders
- Depression or low mood

- Low self-esteem
- Stress and panic attacks
- Behavioural problems
- Post-traumatic stress
- Social anxiety

The University's Psychology  
Clinic is staffed by provisionally  
registered psychologists currently  
undertaking post graduate  
training to become clinical  
psychologists.

All provisionally registered  
psychologists are supervised by  
fully accredited and experienced  
clinical psychology supervisors.  
The Clinic prides itself on  
providing excellence in clinical  
supervision.

The Clinic is committed to  
providing quality client care,  
offering specialised assessment  
and treatment using Cognitive  
Behavioural Therapy (CBT). CBT  
is an evidence based intervention,  
meaning that it is scientifically  
tested and proven to be effective.  
CBT teaches children and adults  
alike to change unhelpful thoughts,  
feelings and behaviours.

### WHERE TO FIND US:

Western Sydney University Psychology Clinics  
(Western Sydney University)  
Building BA, Penrith/Werrington South Campus  
Great Western Highway

### TO MAKE AN ENQUIRY OR BOOK AN APPOINTMENT

**T: (02) 9852 5288 OR**  
**E: PSYCHCLINIC@ WESTERNSYDNEY.EDU.AU**  
**W: WESTERNSYDNEY.EDU.AU/CLINIC**

*MINIMAL FEES APPLY*