Aubrey Arthur Fowler was born in Inverell, NSW. Fowler arrived at HAC from Brodies Plains (just east of Inverell) aged 18, in 1914 for the Farmer’s Winter School which ran for a month from 22 June. He was one of 116 attendees.

Ten days after leaving the College he joined the 13th Reinforcements 7th Light Horse Regiment at Inverell (he’d previously been a member of C Squadron, 5th Australian Light Horse). He embarked from Sydney on 20 December 1915, and by 17 January he was in Maadi Camp south of Cairo, Egypt. He was ill with mumps for two and half weeks, then on 26 March at Tel-el-Kebir, he was mustered as a Gunner to the 10th Field Artillery Brigade and posted to the 38th Battery. He embarked from Alexandria on 5 June, and arrived in Marseille, France on 13 June 1916.

On 8 January 1917 Aubrey died from wounds received the previous day. He was aged 20, and buried at Switch Trench Cemetery, Flers.

Along with 110 others buried at Switch Trench (mostly Australians), his remains were transferred in 1920 to Guards Cemetery, Les Boefs, about 5 km south of Bapaume.

His name is absent from the Soldiers Memorial Hall Roll of Honour.