

CONSULTATION & MANAGEMENT PLAN

Need timely and confidential advice, want to talk it through?

CONSULT WITH THE MENTAL HEALTH AND WELLBEING TEAM (MHWBT)

The team are skilled and professionally qualified to assess student risk, provide advice on a management plan, and assist with referral to relevant services.

contact:

1300 668 370

mhwbsupport@westernsydney.edu.au

Out of hours mental health support

NSW Mental Health Line: 1800 011 511

24hrs, free and confidential support

REFERRAL AT WSU

Make a direct referral to our Counselling, Welfare or Disability Services when a student needs specific support.

WELLBEING SERVICES

Our Counselling, Welfare & Disability Teams are here to support students.

call:

1300 668 370

email:

counselling@westernsydney.edu.au

disability@westernsydney.edu.au

welfareservice@westernsydney.edu.au

URGENT SUPPORT

When harm is likely, a person is in imminent danger, or threatening harm to self or others:

CALL 000 EMERGENCY SERVICES

For immediate support on campus call

Campus Safety & Security: 1300 737 003

Wellbeing Services: 1300 668 370

to connect with Manager of Counselling or the Mental Health Coordinator

INCIDENT RESPONSE FLOW CHART