



Welcome

Dear colleagues,

Welcome to our regular summer newsletter full of news for holiday reading!

We re-cap some of the highpoints of our busy year and in particular share news of Penny Abbott's recent award of a Churchill Fellowship to further her work on health care access for those in contact with the criminal justice system.

The GP Supervisor news includes an update on plans for Year 1&2 GP teaching as part of our MD program commencing next year. Sharon Lawrence provides information on new processes to be introduced across all of our GP placements in 2019 – a student placement agreement and an automated matching process for allocation of GP placements. We also showcase the work in Refugee health of one of our many exceptional GP training practices. Dr Lawrence Tan brings you an introduction to resources he has developed on Musculo-skeletal medicine.

At this time of the year we celebrate many student prize winners and we greatly value the generosity of donors to these prestigious awards. Please let me know if you would like to donate to a student award!

For the first time we are reporting in this newsletter on some of our Alumni achievements. We are hearing about increasing numbers of WSU graduates choosing GP as a career and many coming forward now to teach our students – this is a dream come true! Please help us to promote a short survey we are using to make contact with our GP graduates including those in training at the [GP Alumni Survey](#).

A key contributor to our work in the community, Miriam Brooks reports on a teaching session at a local high school discussing Sexually Transmissible Illnesses.

In this edition of our newsletter we bring you news of student and GP Supervisor research as well as updating you on some of our research projects and providing an opportunity for you to participate in two current research projects. These are Kam Wong's research investigating GP views about screening for Atrial Fibrillation and a project I am partnering on looking at the impact of a patient mobile phone App in management of gout.

For those reading this newsletter on line please click on the headings below to read the details!

Please let us know if you have any suggestions for our GP teaching program and especially if you are interested in taking Year 1&2 students or providing research supervision for MD students.

We wish you a very happy and safe Christmas- New Year break and all the very best in 2019!

Warmest Regards,

Jenny

Professor Jenny Reath | Peter Brennan Chair of General Practice

Update from the Department of General Practice

Welcomes and Farewells

As forecast in our last newsletter we are fortunate to have two superb professional staff members managing the business of the Department into the future. Vicki Bradley works Monday to Thursday and Sharon Lawrence covers Tuesday to Friday. It is great to have our full complement of professional staff on board!

Though we missed out on a GP Synergy Academic Registrar this year, when Jessica Bedford put up her hand to join our Department we were glad to welcome her to a part time registrar appointment for the second half of this year. We are grateful for the University support for this position. Meanwhile Emma Busby is a keen new recruit assisting us with our research and also with this newsletter.

Awards

Penny Abbott has been awarded a 2018 Churchill Fellowship from the Winston Churchill Memorial Trust. The 6 week fellowship will support Penny's travel to the United States and Canada in 2019 to research health care accessibility for people in contact with the criminal justice system. As Penny notes "Most people in prison actually have short sentences, often cycling between prison and the community due to offending which is strongly related to their health issues, particularly mental health problems and addictions. This means as GPs we can do something about that, by engaging people in health care to help break the cycle".

Penny will be looking into programs giving medical students experience in interacting with people in prison. "At WSU we have a great partnership with Justice Health & Forensic Mental Health Network, the prison health service in NSW. Some of our students spend time in the prison learning about the high health needs of those in the criminal justice system. It assists them to become more confident in working with people with a history of imprisonment or addictions - they describe this as eye opening. Graduating doctors who are confident in working in this sector will increase accessibility of quality health care," Penny says.

Penny sees this award as a great honour. "It is a very optimistic approach to supporting leadership and innovation across a range of activities of benefit to Australia!"



Penny and other 2018 Churchill Award winners

Congratulations Penny and we look forward to you bringing back what you have learnt to WSU!

Conferences and presentations

The second half of the year is always the high time for conferences and we were represented by Jenny at GP 18 where she delivered a paper on Patient Centred Medical Homes in Western Sydney. David Cosgriff (2017 WSU registrar) presented his research on what influences patients with chronic disease to visit multiple GPs and Alison Lyon (our other 2017 registrar) presented her findings in relation to Assyrian Refugee understandings about cervical cancer screening. We were thrilled to hear one of our talented GP supervisors presenting and to have the 2018 Nick Collins Award student attending – read on to find out who they were!

Jenny also attended the Primary Health Care Research Conference in August, presenting the findings of research with "GPs at the Deep End" in western Sydney.

Town and Gown Gala Dinner

In October Jenny was honoured to be invited as a guest of our Dean to the University's 2018 Town & Gown Gala Dinner. This event celebrated and supported the University's impactful health and medical research program. Jenny shared a table with many of our talented alumni and with School of Medicine benefactor Dr Peter Brennan (AM).



Dr Peter Brennan, Mr Michael Lynch, Prof Annemarie Hennessy and Prof Jenny Reath

GP Supervisor/Practice Manager News

Combined GP Supervisor Workshop

Western Sydney University and Sydney University Western Clinical School Departments of General Practice combined on September 25th at the Blacktown Clinical School to provide a workshop for GPs supervising our medical students. Following a delicious buffet meal, Dr Chris Ganora and Prof Jenny Reath provided an update on our teaching programs, including the transition to an MD program at WSU.

Dr Miriam Brooks spoke on Trauma-Informed Care – an under-recognised area affecting many GP patients who may present with physical and/or mental health symptoms. Miriam described provision of a safe environment for those who have experienced previous trauma, and presented findings from her research in the Blue Mountains Women's Health and Resource Centre. Drs Chris Ganora, Nadia Khan and Winston Lo presented on Innovative Strategies to Promote Student Learning. They provided student feedback highlighting the value of active participation during GP attachments including parallel consulting. The evening concluded with an interactive discussion with a panel of experienced GP supervisors who shared teaching tips and strategies. We all enjoyed the learning and sharing, one attendee saying *"Congratulations to the team for the very well presented teaching material today. I truly benefited."* If you would like copies of the resources or presentations, please email s.lawrence@westernsydney.edu.au

New opportunities with the WSU MD Program

Western Sydney University, along with all other medical schools in Australia, is transitioning to an MD degree, starting with the 2019 first-year students. The Western Sydney medical degree will remain a five-year undergraduate course, with preferential entry for students from western Sydney and rural areas, and pathways for Aboriginal and Torres Strait Islander students. The emphasis on community-based and immersion learning remains, however the MD provides opportunity for improvement to our curriculum, including more academic mentoring; a student portfolio documenting learning over the five years; and a scholarly project which can involve community or clinical service, education or scientific research. We welcome suggestions you have for projects our students could undertake in a GP setting.

With regards to GP teaching, students will start their clinical experience in a GP setting for one half-day per month for 8 months across the first and second years of the program. We anticipate students will thrive in these early clinical attachments with opportunities to learn professionalism, communication and rapport-building skills; to apply some of the theory and history-taking and examination skills they learn on campus; and to develop a mentoring relationship with experienced GPs. They will also be required to interview a patient with a chronic condition in each semester. Students will continue to be placed in general practices for one or two days a week for five weeks in third Year, and three days a week for five weeks in fifth Year. **If you would like to supervise a medical student at any stage of learning, or have a colleague who may be interested, Sharon would love to hear from you - s.lawrence@westernsydney.edu.au!**

GP Team visit Bathurst Rural Clinical School

The October visit to Bathurst Rural Clinical by Drs Lawrence Tan and Winston Lo provided an opportunity for collegial and collaborative meetings of educators, students and GPs. With Dr Kam Wong, Lawrence and Winston expressed gratitude, gathered feedback and identified areas for improvement. Student feedback on their clinical immersion in rural GP placements shed light on strengths (hands-on experience in rural settings) and weaknesses (lack of direction on some aspects of the placement). Discussions with GP Supervisors over dinner were video recorded and can be shared with others. The team were well received by the Oberon Medical Practice and Hospital team as WSU ambassadors and gathered feedback and exchanged views including some new teaching ideas. Overall, the visit was fruitful and a highlight for all parties.



Dr Lawrence Tan, Dr Kam Wong, Dr Ayngkaran, Dr Winston Lo

Bridgeview presents at GP 18

Dr Thava Seelan provided a riveting presentation at GP18 describing his practice's support for refugees. Dr Seelan has provided a synopsis of that presentation below.

From around 2010 as Bridgeview Medical Practice was working on establishing a well-coordinated chronic care model for the increasing prevalence of chronic diseases in western Sydney, we found ourselves suddenly thrust in the forefront of abject human misery. Australia was faced with an unprecedented influx of irregular maritime arrivals which coincided with the end of civil war in Sri Lanka, and the escalation of war in Afghanistan and Iraq. Though our team was unprepared, we were equipped with cultural competence in providing care to the population we received.

We are seeing psycho-social impacts of war, the arrival process, detention and community settlement and ongoing issues of uncertain future, long term family separation and financial difficulties faced by asylum seekers and refugees arriving in Australia particularly from war-affected countries. The presentations



are complex and formulating a management plan is even more challenging.

Our team has adjusted and learned to provide coordinated team-based care. We have designed a model of care including specialists, allied-health professionals, mental health professionals, community leaders, government and non-government organisations such as refugee welfare organisations and service providers. We continue to modify and update this holistic, patient-centred care model, the principles of which may be used by all health service providers caring for refugees.



Shantini and Thava Seelan

A Musculoskeletal Check-up

Members of the WSU Department of General Practice have been involved in various Clinical Academic Groups (CAGs) within SPHERE (Sydney Partnership for Health, Education, Research and Enterprise) since its inception in 2016. SPHERE is a consortium of universities, local health districts and research institutions collaborating to improve health outcomes. Penny and Jenny have been representing general practice on the Aboriginal Health and Wellbeing; Diabetes, Obesity and Metabolism; and Early Life Determinants of Health CAGs, while Lawrence Tan has been helping with the Musculoskeletal CAG.



Lawrence finds the musculoskeletal stream values primary care practitioners highly, as we care for the bulk of patients with musculoskeletal conditions. They are looking for opportunities to partner with GPs in developing useful updates on common musculoskeletal problems. Lawrence provides a GP perspective on their research proposals, and has worked with musculoskeletal experts in Southwest Sydney including rheumatologists, physiotherapists and GPs to write two cases for the RACGP CHECK publication in September this year – one on the non-operative management of knee osteoarthritis (Gibson K, Naylor J, Schabrun S, Tan L. *“Jeffrey has joint pain.”* Check Independent Learning Program for GPs, 2018; 553:9-16) and the other on second-fracture prevention in men with osteoporosis (Hassett G, Kamalaraj N, Kelly A, Mahananda D, Tan L, Thakkar V. *“Colin has a Colle’s.”* Check Independent Learning Program for GPs, 2018; 553:17-22).

We hope these cases will be a helpful resource for GPs and GP registrars on managing these common problems in general practice.

Student placement agreement and new placement system

From 2019 Western Sydney University will be implementing Student Placement Agreements with GP practices taking WSU medical students. This agreement sets out the roles and responsibilities of the university and the placement organisation for all student placements over a period of time – likely to be 5 years. For the 100 practices taking nursing and other WSU students who have already signed such an agreement, you do not need to do anything more. For those who have not signed an agreement, Sharon will be sending this for sign off as part of the placement arrangements in the new year.

In another innovation in 2019 we will be rolling out the new placement system - InPlace. Sharon is currently entering Supervisor details into InPlace. Once this process is completed there will be a trial run with one placement rotation early in the new year to see how it works before rolling it out across the board. This system reduces our manual workload however GP Supervisors will receive their placement notification from Sharon in the usual way and we are able to over-ride the system if there are any concerns about placements.

MiC & Yr 5 PIP Process

PIP payments are calculated quarterly which means there is a lag time of approximately six (6) months between the teaching sessions and payments. Claim forms will be accepted for processing up to a maximum for seven (7) months as outlined in the table below.

Medicare Payment Schedule 2019	
Cut-off dates for submitting claim forms	Quarterly Payment Month
24 January, 2019	February
23 April, 2019	May
2019 Metro Placement Dates (Semester 1)	
Year 3 MiC Students: Metro	Year 5 GP Students: Metro
MiC 1: 28 January –1 March, 2019	Metro 1: 4 February – 8 March, 2019
MiC 2: 4 March –5 April, 2019	Metro 2: 11 March – 12 April, 2019
MiC 3: 22 April – 24 May, 2019	Metro 3: 15 April – 17 May, 2019

PIP forms and how they are processed changed from the end of 2018. These changes are summarised below:

- The university will complete and sign the university certification section of the Teaching Payment claim form before the student attends the teaching session at the practice. This will be sent to the practice with the confirmation of student placement letter. It will be dated with the last day of the rotation. This signed and stamped form must be printed and completed by the practice.
- Once the student has completed their training sessions, both the student and the GP Supervisor are required to sign the claim form to verify the training sessions have occurred.
- The owner/authorised signatory of the practice then completes the “Practice declaration” section and submits the completed and signed form to the Australian Government Department of Human Services for payment as per the instructions on the form.
- The practice must provide the student with a copy of the completed paperwork **on the final day of placement.**
- Some corporate practices may not be able to sign PIP forms – these forms may be processed centrally.
- Practices must retain a copy of the teaching payment claims for 6 years.

For any questions please contact Vicki Bradley on 02 4620 3896 or v.bradley@westernsydney.edu.au. For more information, please contact the PIP Helpline on 1800 222 032, or visit humanservices.gov.au

Student News

Nick Collins Award 2018

The winner of the 2018 Nick Collins Award was Christopher Kocx. In his prize winning entry, Christopher demonstrated the sort of enthusiasm and commitment to General Practice that Nick would have celebrated. Christopher was supported to attend the RACGP GP18 Conference on the Gold Coast where he presented a poster based on research he conducted whilst in receipt of a GP Synergy Research Scholarship.

Thanks to the generous donors to this award and to GP Synergy who also assisted with the costs of Chris's attendance at the conference.

For those who would like to contribute to future Nick Collins Awards please follow this link to [Dr Nick Collins Memorial Fund](#)



Ms Ally Dench, Mr Mario Fernando and Dr Anna Pham

Picton Family Medical Centre and Wollondilly Shire Council Prize for Academic Excellence in General Practice

This GP prize generously donated by Dr Anna Pham and her practice with Wollondilly Shire Council was to the top student in Year 5 and was awarded in 2018 to Mario Fernando.

Congratulations Mario and many thanks to our donors!

Kayla Ramires wins RACGP Aboriginal and Torres Strait Islander Award

WSU student Kayla Ramires won a student bursary to attend GP 18 where she spoke about her journey into medicine.

My relationship with Medicine at WSU began in 2009 when I was invited for an interview via the Aboriginal and Torres Strait Islander Alternative Entry Pathway. I had just completed HSC in Nowra and was excited about studying Medicine. Seven months later, I had just finished my end of semester exams and for the first time in my life I had failed. I felt so deflated and was questioning my ability to study medicine. I made the tough decision to walk away from the degree and study something a little closer to home and that allowed me to explore the world.

Five and a half years later, I completed my double degree in Science and Arts and decided I'd give Medicine one last shot - the desire was still there and I thought I was finally ready to do it properly. I am now three years into my second attempt and have just recently been awarded the RACGP Aboriginal and Torres Strait Islander Student Award. This enabled me to attend GP18 at the Gold Coast where I engaged with GPs from around the country and also gained inspiration to continue my degree. I also had the privilege to present my journey at the RACGP Faculty Meeting. It was a great opportunity to further cement my passion for general practice as I hope to become a rural generalist back in my local community on the South Coast.



GP Student Network Update

The new executive of the GP student network for 2019 has been elected. Congratulations to those listed below – we look forward to working with you!

Chair: Hayden Chan

Vice chair: Jenny Lam

Treasurer: Sisi Ji

Secretary: Akshaya Thananjeyan

Media/publications: Astha Malik

Blacktown Rep: Justine Binny

Macarthur Rep: Ridah Ahsam

Alumni News

WSU GP Alumni Network

Our first graduates have now been in the workforce for 7 years and we are hearing about and meeting up with many who have chosen GP as their career. At the end of 2017 we circulated a link to a survey to find out about the career pathways of our GP Alumni. Currently we have responses from 28 WSU GPs and GP registrars who graduated between 2011 and 2015. We continue to recruit respondents to our survey but thought you may be interested in our findings so far – with thanks to Emma for collating this information:

- 61% of the 28 respondents have gained their Fellowship of the RACGP, none with ACRRM at this stage.
- 71% of graduates have completed or are undertaking their **GP training** in Sydney and 21% in rural locations with 7% in other locations.
- 29% of respondents are **currently working** in Greater Western Sydney, 39% in other parts of Sydney with 21 % currently working in a rural location and 11% elsewhere.
- 14% of the respondents had undertaken a year of study at Lismore and 7% at Bathurst – this correlates well with the 25% of our students who undertake this training.

The data collected from this survey will enable us to build an understanding of WSU graduate interest in general practice and seek their feedback on our GP teaching. It will also enable us to communicate with our GP alumni and support them through their career path – particularly encouraging them to undertake academic registrar posts with us!

Most importantly we hope to celebrate their successes as WSU colleagues!

If you are a WSU alumnus or know anyone who may not have heard about our survey, please consider completing /forwarding this 5 minute survey at the [GP Alumni Survey](#).

Recent RACGP Fellows

Congratulations to Drs Ayesha Siriwardena and Allison Thorn who were recently awarded their FRACGP. Allison and Ayesha are working at Tharawal Aboriginal Corporation where their patients and colleagues greatly value their clinical skills.



A WSU Alumni story

Dr Christine Byrnes is taking an interesting approach to GP training and describes her plan below.



My name is Christine Byrnes and I was a graduate of the 2017 cohort. I am currently completing my internship year at Westmead Hospital, and in 2019 will be starting my hospital year under the RACGP training program as an Australian Defence Force Registrar.

My goals whilst training as an Air Force GP are to develop a particularly good grasp on mental health and women's health, as having access to an on-base doctor with skills in these areas can make a significant difference to the health of serving members of the military. I also intend to undertake retrieval operations and deployments overseas in the future, to further broaden my scope of practice to include some elements of trauma and emergency medicine where possible. I'm looking forward to seeing where this career takes me!

Stop Press Announcement:

Dr Lana Nguyen (2016 class) now an RMO at Liverpool Hospital, was recently awarded the **HETI NSW JMO of year**. **Dr Kenneth Cho**, also a graduate from 2016, currently working at Nepean Hospital has won the **Australian Medical Students' Association (AMSA) 'Excellence in teaching by a junior doctor' award** as part of AMSA's #GoodDoctorsTeach campaign. It is great to see our alumni acknowledged in these ways! Congratulations to Lana and Ken - we are proud of you both as we are of all our alumni!

Our Communities

In August, Miriam attended Cranebrook High School after teachers invited a WSU academic to speak with year 9s about sexually transmitted illnesses. Miriam spoke about causes and transmission of STIs, why screening it is important as many STIs are asymptomatic, contagious and treatable, how young people can prevent STI transmission and where they can get tested. The students were very attentive and interested.

Students were encouraged to see their GPs or to attend a local sexual health or youth health service, for highly confidential and respectful care of their sexual health needs. The following resources are helpful for GPs caring for young people:

- Talking with young people about sexual health: <https://stipu.nsw.gov.au/gp/sexual-health-for-young-people/>
- Respectful and healthy relationships <https://www.theline.org.au/>
- STI information <https://playsafe.health.nsw.gov.au/>
- Information and support for young same sex attracted people: <https://www.acon.org.au/>
- Information and support for transgender people: <https://gendercentre.org.au/>
- Consent education youtube clip: <https://www.youtube.com/watch?v=oQbei5JGiT8>

Research Updates

Measuring Quality General Practice

Western Sydney is a leader in developing the patient-centred medical home (PCMH) in Australia. WentWest, the region's Primary Health Network sees the PCMH model as a critical component of health system improvement. Dr Christine Metusela and Professor Jenny Reath are undertaking a qualitative investigation with WentWest identifying the attributes of quality general practice.

Following an extensive review of the literature we will conduct focus groups with a range of stakeholders to identify a set of agreed indicators that measure quality general practice in the Australian context. A Program Logic Model will be developed to inform an evaluation framework. The overall aim of the research project is to define high quality primary healthcare in the Australian context and to create opportunities for future PCMH research and evaluation.

OMOZ 2018 (Otitis Media Australia)



A fabulous time was had by all attendees of the Otitis Media (OM) Australia Conference, hosted by the Menzies School of Health Research in Darwin, NT.

OMOZ gathers Australia's leading ear health investigators bi-annually, including researchers, health workers, policy makers, audiologists, speech therapists, ENT surgeons, consumers, educators and primary health care providers investigating prevention and treatment of chronic ear disease and hearing loss in Australia. Keynote addresses included community perspectives of OM, risk factors, prevention and management, impacts on hearing and language development, laboratory studies, service delivery and primary healthcare and surgical interventions.

Whilst it was great to hear of a 50% decline in OM since 2000, there is still the serious ongoing problem of diagnosis and management of OM in communities where the long term sequelae of OM are still too prevalent.

Research Officers Letitia Campbell & Sissy Tyson from Kalwun and Inala Aboriginal Health Services, presented an update on the WATCH & INFLATE Trials and their experience as Aboriginal Research Officers.

Kelvin Kong an Aboriginal ENT and Chief Investigator on our trials provided a keynote address about one of his children, sharing how easily Otitis media with effusion can be missed and the detrimental effects including imbalance and developmental and speech delays resulting from OME.

WATCH/ INFLATE trials

Our 2018 annual WATCH/INFLATE trial meeting held at WSU in October was a great success bringing together researchers from partner Aboriginal Medical Services: Tharawal Aboriginal Corporation; Winnunga Nimmityjah Aboriginal Medical Service; Townsville Aboriginal & Islander Health Service; Kalwun Development Corporation; The Institute of Urban Indigenous Health at Moreton ATSICHS; Inala Indigenous Health Service. We value these relationships and those with our partner academic institutions also.

These trials will inform guidelines for management of Otitis Media in Aboriginal communities!

We now have a webpage describing our new INFLATE trial. "A multi-centre randomised controlled trial to compare nasal balloon auto-inflation versus no nasal balloon autoinflation for otitis media with effusion in Aboriginal and Torres Strait Islander children". This can be viewed on the School of Medicine Webpage:

https://www.westernsydney.edu.au/medicine/som/research/general_practice/general_practice_research/inflate_trial



GP supervisor research

Dr Ivan Parise is working on a project examining the influence of the built environment on obesity. **Dr Olataga Aloffivae – Doorbinnia** has been awarded a Clinical Research Fellowship with WSU for research into "The Art of Multiculturalism in General Practice in south west Sydney to improve poor health outcomes".

Student Research

Two of our Honours students completed their research and submitted their dissertations for examination in September. **Xi Yu** conducted a qualitative sub analysis on a larger data set examining how patients and their carers and health care providers understand integrated care. A paper from this work is currently under review.

Caitlin Frede worked with the WATCH team on a large RCT investigating childhood ear disease with urban Aboriginal communities and investigated two tools used to document symptoms related to acute ear infections.

Two students awarded GP Synergy Scholarships 2018 completed their research projects. **Charu Ahluwalia** conducted a systematic literature review focussed on 'breaking bad news' to patients from culturally and linguistically diverse backgrounds. **Joshua Lambert** examined utilization of cardiovascular risk calculators among GPs in Bathurst.

We have had much interest this year with 14 applicants for the two available 2019 GP Synergy Scholarships. These were awarded to **Saira Gugnani** who is conducting a systematic literature review on identification and management of speech/hearing issues in children through primary care, and **Ishaan Thakur** who is conducting a systematic literature review on identification and management of skin cancers in the primary care setting.

Congratulations to all our students!

General Practitioners Screen their patients for Atrial Fibrillation and other arrhythmias (GPSAFER)

Atrial fibrillation (AF) and other arrhythmias are common medical problems of increasing prevalence which are often identified and managed by GPs.

We are conducting an online survey to explore the views, knowledge and practices of general practitioners (GPs) and GP registrars with respect to cardiac arrhythmias. The information is important to health policy makers, education providers and professional bodies. We have obtained ethics approval from the University of Sydney (project number 2018/740).

As a token of appreciation, three participants who complete this survey will each receive a \$50 gift card via a lucky draw. This research will contribute to the PhD studies of Dr Kam Wong. His supervisors are Professor Clara Chow, Professor Tim Usherwood and Dr Cindy Kok.

We would like to seek your assistance to promote this GPSAFER survey. The following is a brief introduction. We hope that you will consider including it in your website and newsletters that you send to your members:

Atrial fibrillation and other arrhythmias are associated with higher morbidities and mortality. Should you screen asymptomatic patients? What is the role of mobile ECG devices? What is your need for ECG interpretation training? University of Sydney is conducting a 5-minute survey. Three \$50-giftcards will be given away. Please follow the following weblink to find out more about the GPSAFER study:

<https://redcap.sydney.edu.au/surveys/?s=RPH8AY9NNN>

We look forward to hearing your reply whether you could help us. Kindly send your reply to kam.wong@sydney.edu.au

Thank you.

Professor Clara Chow, Professor Tim Usherwood, Dr Kam Wong, Dr Cindy Kok.

Gout Self-Management App in Primary Care

Jenny is working with UNSW researchers who are evaluating the efficacy of a mobile app to aid in the management and control of gout in primary care. This cluster randomised trial compares the efficacy of two apps in achieving target serum urate concentrations. The NHMRC-funded project is led by Prof Ric Day, St Vincent's Clinical School.

GPs who have seen patients with gout in the last year are invited to participate. RACGP and ACRRM accredited professional development points are available, and each participating GP practice will receive a \$300 gift voucher.

Interested in participating? For more info, visit mygoutapp.com or contact:

Jacob Bechara

Phone: 1800 931 544

Email: med.gout.app@unsw.edu.au

UNSW HREC Approval Number: 15199



New Publications

Book chapters

Barton C, Hall S, **Abbott P**, Tam M, Lyons A, Liaw ST. (2018). How To Do Primary Care Research – CRC Press Book. 1st Edition. Editors Goodyear-Smith F, Mash P. Chapter 13: How to ensure your research follows ethical principles.

Journal articles

Abbott P, Brooker R, Reath J. Managing the hope and worry of housing renewal- supporting well-being in the emerging community. Health Promot J Austr. 2018; DOI: 10.1002/hpja.205

Abbott P, DiGiacomo M, Magin P, Hu W. A scoping review of qualitative research methods used with people in prison. *International Journal of Qualitative Methods*. 2018; 17,1-15.

Bovill M, Bar-Zeev Y, Gruppetta M, Clarke M, Nicholls K, O'Mara P, Bonevski B, **Reath J**, Gould G. Giri-nya-lan-ha (talk together) to explore acceptability of targeted smoking cessation resources with Australian Aboriginal women. *Public Health*. 2018; DOI: 10.1016/j.puhe.2018.08.010

Gibson K, Naylor J, Schabrun S, **Tan L**. Jeffrey has joint pain. Check Independent Learning Program for GPs 2018; 553:9-16.

Green A, **Abbott P**, Delaney J, Delaney P, Davidson P, DiGiacomo M. Interacting with providers: an intersectional exploration of the experiences of carers of Aboriginal children with a disability. *Qualitative Health Research*. 2018; DOI: 10.1177/1049732318793416.

Hassett G, Kamalaraj N, Kelly A, Mahananda D, **Tan L**, Thakkar V. Colin has a Colle's. Check Independent Learning Program for GPs. 2018; 553:17-22.

Lyon A, Tan, L, Abbott P, Hu W, Reath J. Linguistically diverse general practice teaching. *The Clinical Teacher*. 2018; 15:1-6. DOI: 10.1111/tct.12951

Reath J, Abbott P, Kurti L, Morgan R, Martin M, Parry A, Gordon E, Thomas J and Drysdale M. Supporting Aboriginal and Torres Strait islander cultural educators and cultural mentors in Australian general practice education. *BMC Medical Education*. 2018; 18:236. DOI: 10.1186/s12909-018-1340-x

Tan L, Gallego G, Nguyen TTC, Bokey L, **Reath J**. Perceptions of shared care among survivors of colorectal cancer from non-English-speaking and English-speaking backgrounds: a qualitative study. *BMC Family Practice*. 2018; 19:134. DOI: 10.1186/s12875-018-0822-6

Trankle S A, Shanmugam S, Lewis E, Nicholson M, Ken Hillman K, Cardona M. Are we making progress on communication with people who are near the end of life in the Australian health system? A thematic analysis. *Health Communication*. 2018; DOI: 10.1080/10410236.2018.1548335

Watt K, Hu W, Magin P, **Abbott P**. "Imagine if I'm not here, what they're going to do?"—Health-care access and culturally and linguistically diverse women in prison. *Health Expectations*. 2018; DOI: 10.1111/hex.12820

Research reports

Metusela C, Lawson, K D, Usherwood T, Angus L, Corless I, **Kmet W**, ... **Reath J**. Understanding Patient Centred Medical Home (PCMH) Transitions in Western Sydney. Campbelltown, N.S.W. 2017 Western Sydney University. <https://researchdirect.westernsydney.edu.au/islandora/object/uws%3A45161>

Trankle S A, Metusela C, Macdonald J, **Reath J**. Evaluation of Nepean Blue Mountains Primary Health Network (NBMPHN) Cancer Screening Program. Penrith, N.S.W. 2018 Western Sydney University. <https://researchdirect.westernsydney.edu.au/islandora/object/uws%3A48620>

Season's Greetings and best wishes for 2019 from the GP Team!



GP Conjoints

Thank you to all our GP Conjoints. We greatly value your commitment and contribution to our teaching and research activities here at Western Sydney University. If your name is not on this list your conjoint status may have expired. Please contact Vicki Bradley v.bradley@westernsydney.edu.au and she will assist you!

Dr Agatino Ferraro	Dr Frank Keh	A/Prof Michael Fasher
Dr Akber Alamyar	Dr Furio Virant	Dr Michael Burke
Dr Ali Alsamail	Dr Glen Au-Yeung	Dr Nyen Ling Yoong
Dr Alison Lyon	Dr Hani Bittar	Dr Milan Djukanovic
Dr Allison Thorn	Dr Heather Knox	Dr Nigel Hawkins
Dr Andrew Knight	Dr Helen Balkin	Dr Olataga Alofiva-Doorbinna
Dr Angela Kwok	Dr Ivan Parise	Dr Paul Fishburn
Dr Anna Pham	Dr James Aitken	Dr Penny Burns
Dr Billie Whiteson	Dr Jane Leete	Dr Rajkumar Rajalingam
Dr Brian Wallace	Dr Jaspreet Saini	Dr Ramesh Pillai
Dr Bruce McGarity	Dr Jenny James	Dr Ronald Yoon-King Chin
Dr David Cosgriff	Dr Joseph Lombardo	Dr Rosemary Isaacs
Dr David Le	Dr Judit Gonczi	Dr Sanjay Kapuwatte
Dr David Lim	Dr Julie Ong	Dr Sarah Gani
Dr Deepa Garg	Dr Jurriaan Beek	Dr Sayeed Khan
Dr Derek Tang	Dr Kam Cheung Glen Au-Yeung	Dr Stephen Hampton
Prof Diana O'Halloran	Dr Ken McCroary	Dr Suresh Nair
Dr Dimuthu Samaranyake	Dr Kun Yun Kelvin Hon	Dr Sushil Anand
Dr Emad Hanna	Dr Louise McDonnell	Dr Thomas Fung
Dr Eshwar Madas	Dr Ling Yoong	Dr Tim Senior
Dr Fatemeh (Mehrnoosh) Abdolalian	Dr Magdy Girgis	A/Prof Walter Kmet
Dr Fiona Mackintosh	Dr Matthew Gray	Dr Walid Jammal
Dr Yasin Shahab		

Contact Details for the Department

Department of General Practice Academic & Research Staff		
Professor Jenny Reath Peter Brennan Chair of General Practice ☎ (02) 4620 3725 @ j.reath@westernsydney.edu.au	Dr Penny Abbott Senior Lecturer (3 days – Mon-Thurs) ☎ (02) 4620 3560 @ p.abbott@westernsydney.edu.au	Dr Miriam Brooks Senior Lecturer (Tue/Fri) ☎ (02) 4620 3896 @ miriam.brooks@westernsydney.edu.au
Dr Lawrence Tan Senior Lecturer (Tue/Fri) ☎ (02) 4620 3896 @ lawrence.tan@westernsydney.edu.au	Dr Winston Lo Senior Lecturer (Wed/Fri) ☎ (02) 4620 3561 @ w.lo@westernsydney.edu.au	Dr Steven Trankle Research Fellow ☎ (02) 4620 3930 @ s.trankle@westernsydney.edu.au
Dr Christine Metusela Research Officer (Mon/Tues/ Fri) ☎ (02) 4620 3894 @ c.metusela@westernsydney.edu.au	Dr Jessica Armstrong-Kearns Research Officer ☎ (02) 4620 3937 @ j.armstrong@westernsydney.edu.au	Ms Robyn Walsh Research Officer ☎ (02) 4620 3486 @ r.walsh@westernsydney.edu.au
Professional Staff		
Ms Vicki Bradley (Mon-Thurs) Administrative Officer ☎ (02) 4620 3896 @ v.bradley@westernsydney.edu.au	Mrs Sharon Lawrence (Tues-Fri) Administrative Officer ☎ (02) 4620 3933 @ s.lawrence@westernsydney.edu.au	Ms Nicole King (Mon-Wed) Administrative Officer (WATCH Trial) ☎ (02) 4620 3562 @ n.king@westernsydney.edu.au