



What's the latest research on

HEALTHY AGEING?

Come and join Western Sydney University researchers Dr Genevieve Steiner, NICM and Dr Emma George, School of Science and Health to learn about the latest research evidence on healthy ageing.

Gen and Emma will present findings from research on healthy ageing carried out here at IRT, and talk about what you can do to stay healthy, active, and sharp for longer!



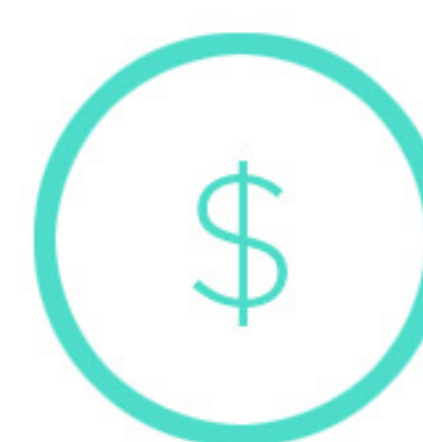
when

Wednesday, 22 March, 2017
10.30 - 11.30am



where

IRT Macarthur Lifestyle Community
1 Hyde Parade, Campbelltown NSW



cost

Free
Complimentary tea and coffee provided



register

Register by phone (02) 4633 2088

NICM

The science of integrative medicine

**WESTERN SYDNEY
UNIVERSITY**

