

To make an enquiry or book an appointment

Phone: (02) 9852 5281 or
Email: EDOC@westernsydney.edu.au

WHERE TO FIND US:

Eating disorders and Obesity Clinic (EDOC)
Western Sydney University Psychology Clinics
(Western Sydney University)
Building BA, Penrith/Werrington South campus
Great Western Highway

WESTERNSYDNEY.EDU.AU/EDOC

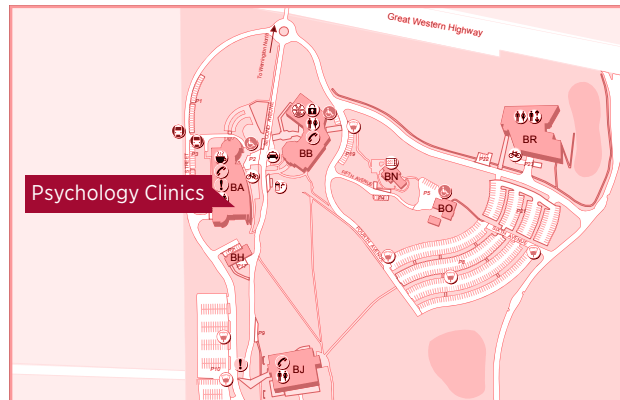
FEES:

Individual sessions:
Session first to tenth = \$160 for a 50-minute session
\$100 per session from the 11th to 20th session.

Group sessions:
Group sessions, first to tenth = \$60 for a 90 minute session
\$35 per sessions from the 11th to 20th session.

Sessions with a provisional psychologist supervised by
Board approved Clinical psychologist = \$20 per session.

Medicare rebates available: Mental health care plan or/
Chronic management plan. A referral from a GP is needed.



Disclaimer: The information contained in this brochure is current as at August 2016 and is provided as a guide. Western Sydney University has prepared this brochure in reliance on information provided by third parties and the University makes no guarantee, warranty or promise, express or implied, concerning the content or accuracy of information provided.

WESTERN SYDNEY
UNIVERSITY



Eating Disorders and
Obesity psychology
research Clinic
(EDOC)

DO YOU HAVE AN EATING DISORDER?

IS ANOREXIA NERVOSA TAKING OVER
YOUR LIFE?

STRUGGLING WITH BINGE EATING?

ARE YOU AN EMOTIONAL EATER?

IS YOUR OR YOUR CHILD'S WEIGHT OUT
OF CONTROL?



Eating Disorders and Obesity psychology research Clinic (EDOC)

WESTERN SYDNEY PSYCHOLOGY CLINICS

EDOC offers:

**PSYCHOLOGICAL
ASSESSMENT AND
TREATMENT FOR CHILDREN,
ADOLESCENTS AND ADULTS
REQUIRING ASSISTANCE
WITH:**

- Anorexia nervosa
- Bulimia nervosa
- Binge eating disorder
- Avoidant/restrictive food intake disorder (ARFID)
- Other specified feeding or eating disorder
- Obesity
- Emotional eating
- Deciding on bariatric surgery

EDOC is staffed by experienced Clinical psychologists, who we also like to call Food psychologists as they are experts in changing any food problems you might have.

EDOC is committed to providing quality client care, offering specialised assessment and treatment using evidence based interventions, meaning that it is scientifically tested and proven to be effective. These include:

- Cognitive behavioural therapy
- Family therapy
- Schema therapy
- Dialectical behavioural therapy
- Cognitive remediation therapy
- Behavioural weight loss treatment

RECEIVE ASSISTANCE BASED ON THE LATEST AND MOST EFFECTIVE COGNITIVE BEHAVIOURAL THERAPY TREATMENTS

GROUP PROGRAMS AVAILABLE, INCLUDING SCHEMA THERAPY

CONVENIENT WESTERN SYDNEY LOCATION (NEAR PENRITH/WERRINGTON SOUTH)

BEHAVIOURAL WEIGHT LOSS PROGRAMS