

1ST EDITION

Vol. 1

3000 Copies

3rd March 1986

Student Newspaper

UNI. IN THE WEST

LETTER TO THE EDITOR

It is obvious to anyone who has researched the educational facilities in the Western suburbs of Sydney that the need for more and better tertiary institutions are essential if the youth of today are to be able to cope with the educational demands of the future.

Whether the powers that be decide in favour of a University arrangement or an expansion of present facilities, it is in our interests to see that tertiary education is the priority in the West. Since political parties of all persuasions are in favour of a University, it is to the College's credit that we are considered worth being the nucleus of the proposed University. However, before we all get overly enthusiastic, several points should be considered.

Firstly, the recommendations of the Parry report have yet to be approved by the Federal Government. Considering the state of finances for Education in Australia as a whole, the starting up costs for a total University complex would be prohibitive. Secondly, the volume of funds which would be necessary would not be forthcoming from the State Government, which sees tertiary education as the domain of the Commonwealth. (On a cynical note - we are not a sporting complex, which would ensure that the funds were available.)

Thirdly, it is not clear whether the recommendations of our College Council regarding the expansion of the Westmead facility will be accepted, since there may be opposition from residents or other bodies.

Another point is that even though the talk is for an early commencement the realities are that it may be a few years away before anything constructive is done to get the show on the road.

One consoling thought. A University is inevitable. Whether it happens next year or a few years down the track, it will happen. Instead of getting keyed up to see it happen right now, we students should be devoting our energies to seeing that the funding arrangements, under which we are already suffering, are changed and improved so that our existing facilities meet the current needs of the students already here.

So if you want to sign a petition, why not have one which is addressed to the right person, that is to Senator Ryan herself. Anyone who listens to Parliament would tell you that petitions such as the one going around the College at the moment will be read out in the House and "contents noted". We need more than that. Let's channel our energies to more constructive things.

Student Representative on College Council.

POSITIONS VACANT

Additional help is needed in the areas of:

- * Budding Journalists;
- * Graphic Artists;
- * Interested persons.

NO EXPERIENCE NEEDED!!!

Apply in person to the SRC Office.

Please forward all contributions, letters to Editor, suggestions etc, to the SRC Office addressed to "Newspaper". We need your help to make this paper a success.

NAME THE PAPER COMPETITION

Since this is our first edition, our paper has no name. However, we think it deserves a proper name so we are enlisting your help.

We will be running a competition, open to all students to find the right name for our paper. The competition will be held over two weeks and the prize for the person picking the chosen name will be \$50 cash. Fill out the coupon in this paper, and leave it in the SRC Office. A panel consisting of the Executive of the SRC will judge the best entry and the winner will be announced in the next issue.

MESSAGE FROM BONNIE!

Initially, the paper will be published on a monthly basis, coming out the first Monday of every month.

The Role of Counselling at a Tertiary Institution

Counselling at Nepean is a multi-faceted department that aims to assist the student reach his/her maximum potential. Our goal is to help each student, through a variety of treatment modalities to succeed. Most students are at least somewhat familiar with individual counselling. What they may not be aware of, is that Nepean offers short courses designed to help individuals in a small group setting deal with such specific issues as examination anxiety, time management, interpersonal communications - assertive communication and women's issues.

The course in dealing with examination anxiety will be three sessions long and will deal with such issues as what causes examination anxiety, how to prepare for exams, specific ways to reduce anxiety before an exam, and how to deal with an attack of anxiety while in the exam itself. (If you attend such a course, the last thing probably will never happen). (3 one-hour sessions).

The Time Management Seminar will help you to discover what is the best way for you to manage your most valuable resource - time. We will look at specific study skills utilising time management, and the planning of an individualised time-table. (2 one-hour sessions)

Interpersonal Communications - Assertive communication will deal with why we are not assertive, how to be assertive without being aggressive, and how to clearly state your needs, wants, and desires. (1 three-hour session).

We are also planning an ongoing women's issues group. This group will require a commitment of one hour per week for the entire term and will deal with the issues the women involved feel are important. As women, we are often faced with a variety of issues that tend to impede studying - these are usually our own images of what is proper for women, our families' needs and expectations and society's needs and expectations (one hour weekly).

If any of these groups interest you, please contact the S.R.C. leaving your name, phone number, time you are available for the group, and which group or groups interest you. In general, we need 6 students for each group and 10 for the women's group.

Bonnie Duguid
Counsellor.

WIN \$50

BY SUGGESTING A NAME FOR

OUR

NEWSPAPER

?

?

Fill out the coupon and drop it in at our SRC Office

Your Name:

Address:

Telephone:

Nominated Name:

Editorial

Welcome back to College. This year looks like being one of the most interesting and active years that we have had for some time, for several reasons. Firstly, the prospect that the College will attain University status in the very near future will help to overcome the unspoken bias against Colleges of Advanced Education which has been one of the reasons for the erratic funding policies of Governments. Secondly, the broadening of the scope of the faculties offered by Nepean and Hawkesbury.

The third, and for you, one of the most important reasons is the new vitality in your Student Representative Council. It is to be hoped that the momentum started last year is continued and increased this year and onwards. This can only be done by your participation and co-operation. So please give it by taking a more active part in the activities and management of the SRC.

Part of the SRC policy is to bridge the gap which is created by the separation of the two (and a half) campuses, not only by the physical fact of distance but the mental fact of "out of sight, out of mind". We plan that this newspaper will be a source of information and entertainment for all students and we will make it our first priority to provide as many and interesting articles as we can. Again, we need your help, not just to provide input and assistance in producing the paper, but also by providing feedback on the quality and content of the paper.

Some of the regular features of the paper will be:

- 1 Dateline - which tells you of all the sporting and social events coming up;
- 2 SRC news - which will inform you of decisions made by the SRC, plans and policies and so on;
- 3 TRC news - which will provide information on new books and articles acquired by the TRC;
- 4 Letters to the Editor;
- 5 Classifieds - (for which a small fee will be charged to help defray the cost of production.)

Any student who wishes to contribute an article, an advertisement or letter is asked to leave a typed copy with the SRC staff for inclusion in following editions. Letters to the Editor may carry a pen name but you must have the writer's name (which will not be published) on the original copy. If you wish to help in the production of the paper, please see Dianne Richards in the SRC office. All help will be gratefully received.

Published by the Student Representative Council, Nepean CAE

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HOW TO SURVIVE AT COLLEGE

This is mainly addressed to first year students but may also assist second and third year students. To survive at College you need several things:

- 1 Always have your work done for classes such as readings, exercises etc;
- 2 Always make a copy of work handed in in case of loss;
- 3 Try not to miss too many classes and if you do, make sure you get a copy of the work from another student or your lecturer;
- 4 If you are having difficulties with the work, see your lecturer during consultation hours for help;
- 5 If you have any conflicts which you are unable to resolve by yourself, follow the grievance procedure as set out elsewhere in this paper;
- 6 If you have any other problems make sure you see the College counsellors or the SRC staff before they get beyond your control;
- 8 If you are unable to get your work in on time, make sure you let the lecturer know before the due date so that other arrangements may be made;
- 9 Allow time for relaxation so that you do not become stale and bored with your studies.

Remember, this is not a school and no-one is going to do your work for you. A sensible approach to studies as well as a little self-discipline will ensure your stay at College is and enjoyable and interesting one.

The 1986 Orientation week was a great success, thanks to the help given by a number of students from the SRC and the SSU. There was a great deal of favourable comment on the work done in the organisation and carrying out of the SRC activities. A very special word of thanks to the Performing Arts students for their excellent performances at Westmead and Kingswood. It is to be hoped that there are many more such performances in the future.

SCIENCE SUMMER SCHOOL

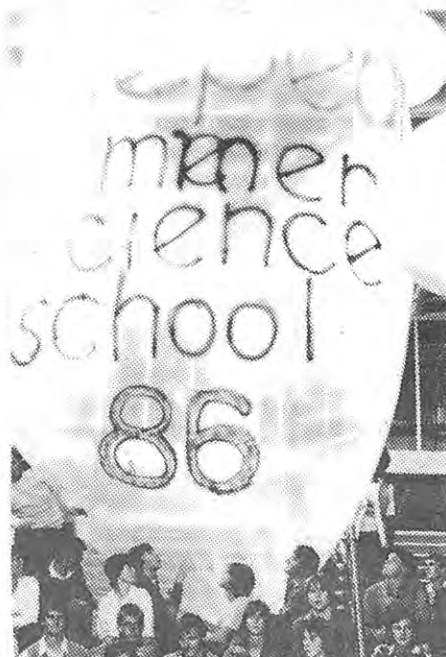
The School of Applied Science ran a Science Summer School for the week 20th - 24th January. The participants were principally years 11 and 12 students from high schools in the West. During the week, lectures were given by prominent teachers and university lecturers on a variety of scientific topics.

The lectures were confined to the morning session and in the afternoon the students were given the opportunity of doing 'their own thing' by participating in chemistry and physics projects. One of the physics projects was to build a hot air balloon. Several enterprising lads put it together, as shown in the photo, and launched it within the college. The other photo shows some of the students who attended our Summer School.

Dr Peter Leverett (Director of Applied Science at Nepean) conducted a talk and demonstration of chemistry which had to be done in a laboratory to ensure the safety of all onlookers! This was one of the many highlights of the week.

Next years' Science Summer School to be bigger and better according to organiser Mr David Bailey. A great deal of time and dedication goes into such an event and this years' success must be attributed in a large part to the efforts of a close-knit team of technical and academic staff members.

R Russell
Technical Assistant



Nepean Summer Science School '86 hot air balloon



AUSTRALIAN SOCIETY OF ACCOUNTANTS

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The Australian Society of Accountants has established an Accounting Register to assist you in your studies. By joining the Accounting Students Register you take the first step to a successful professional career. You also become eligible to join in Society activities such as the State Congress, Workshops, Discussion Groups and Seminars to use the Society's Library and receive the Australian Accountant Journal. The Accounting and Auditing Standards are available at a reduced fee. When you join as a Provincial Associate you will be eligible for a reduction on the entrance fee if you have been a member of the ASR for 12 months or more.

Please contact Christine Mooney at the Australian Society of Accountants on (02) 29 6215 for an application or further information.

Resource Centre News

DURING MID-SEMESTER RECESS

From 5 - 26 July

Monday - Friday 8.30-4.30

No Saturday opening

I look forward to seeing you all during 1986, and to helping you in any way I can.

Paul Adams
Reference Librarian
Ext 338

On behalf of the Resource Centre, I'd like to welcome all new and continuing students to Nepean for 1986. No doubt you'll be seeing a lot of me this year.

For many of you, this will be your first year at Nepean - it will also be mine. I'll be your new Reference Librarian as well as the Resource Centre liaison bod for the SRC. You'll be able to recognise me by finding "that tall red-bearded person with glasses" - my desk is near the circulation desk on the way out of the library (not the ideal spot, but that's the only place there was enough room for it!) Anyway it's near the catalogues and the reference collection, which should prove handy for you as well as for me.

Therefore, as far as you are concerned this year, I will fulfil two functions. I am the one to approach regarding:

1. Accessing the library's resources (in non-librarian terminology, finding what you are looking for), including the use of the catalogues.

2. Any problems encountered in the use of the Resource Centre whatever they may be. The SRC will pass on to me any student's problems relating to the library, or you can have a whinge to me directly if you like. While I will not always have the power to remedy your problems immediately, those that I am unable to fix on the spot will be referred to the User Services Librarian and thence to the Head of the Resource Centre, if need be. SO, ANY PROBLEMS, SEE ME!

"GEAC" - the new computerised circulation and catalogue system.

While the Resource Centre was closed over December/January quite a few things have been happening. We have installed two computer terminals for the use of students and staff, called "OPACS" or "online public-access catalogues" (along the wall on the exit side of the circulation desk). We also have two terminals on the circulation desk. They are all linked to CLANN computers in Sydney and perform the following functions:

1. OPACS: you may use them to find out information regarding:

Holdings:

What
Where
Who

Borrowing status:

On loan
In library
On reserve
On hold, etc for Nepean (both

campuses) and for the rest of the members of CLANN.

A note on terminology:

The GEAC system was purchased from Canada. As a result we'll all have to get used to some new terms. What we once called "putting a book on reserve", that is putting your name down for a book that is on loan, is now called "putting a book on hold". What was once called "closed access" is now called "reserve". Don't worry, it confused us for a while, too.

You'll be pleased to know that your Nepean card entitles you to borrow at any CLANN library eg Hawkesbury Agricultural College, Kuring-gai CAE, Mitchell CAE, NSW Institute of Technology, Macarthur Institute of Higher Education, Sydney CAE, Sydney College of the Arts, TAFE libraries etc.

Be warned though that not all CLANN libraries use GEAC (see me for current users). Please note also (this is very important for effective use of the Resource Centre) that not all Nepean materials are on GEAC. You can identify GEAC books by looking for a striped barcode inside the front cover. Those books without barcodes are not on GEAC - they are mostly in the card catalogue.

When you come to borrow books it would be appreciated if you would present the barcoded items first, with the books open to

display their barcodes. Books without barcodes still require the old procedure I'm afraid. That is - fill out a yellow card (they are kept on the desks to the right of the card catalogue) for each book you wish to borrow. Don't bother about filling out a yellow card for barcoded books, it's not necessary.

2. Circulation desk terminals:

These are used by the Resource Centre staff largely for entering the details of new members, issuing barcoded materials for loan, and marking them off when they are returned.

To become registered as a borrower this year you will need to get a barcoded library card from the circulation desk. This card will be yours for the term of your enrolment. Your permanent library card should become available in the first or second week of lectures provided nothing untoward happens to our plane coming over from Canada. In the meantime you will be registered with an interim card. YOU MUST BRING YOUR NEPEAN STUDENT ID CARD TO REGISTER.

If you think the circulation desk looks like a temporary (and ugly) structure, I'm in complete agreement. It should be replaced with something a bit more upmarket in the next month or so.

For those continuing students I must report the demise of our venerable Xerox and Toshiba photocopiers. The Toshiba broke down half a dozen times while you were away and it's still not working properly. The good news is that they are being replaced with a completely new system.

We have installed two new Oce photocopiers (one copies foolscap size, the other A4). These machines are also being used at Kuring-gai CAE and have proven to be very reliable.

We are replacing the change machine with a debit card (one for each student) which you can get free of charge from the SRC Office. During the first two weeks of lectures, an SRC representative will be in the

Resource Centres of both campuses to cover the hours that the SRC is closed. This should be specially noted by part-timers, most of whom are enrolled for courses at Westmead.

To put a credit onto your "resource card" insert it into the terminal near the photocopiers. This machine takes either \$2 or \$5 notes, and credits your card with the amount you have put into it. You can use the card in the terminals attached to the copiers, which debit your card for each copy taken. To take large numbers of copies, you no longer have to put in a coin every time you want to make the next copy, you just press the "print" button and the copier does the rest. The resource card can be used at a number of other libraries, too.

RESOURCE CENTRE OPEN HOURS 1986

DURING SEMESTER

Monday	8.30 - 8.50
Tuesday	8.30 - 8.50
Wednesday	8.30 - 8.50
Thursday	8.30 - 8.50
Friday	8.30 - 4.50
Saturday	1.00 - 4.50

DURING BREAKS

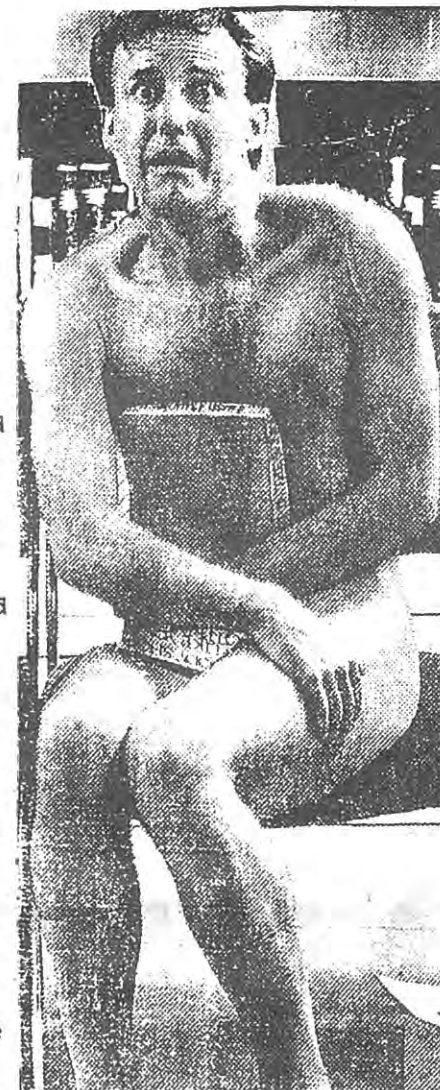
Monday to Saturday as during Semester for the following breaks:

31 March - 5 April (No Saturday opening Easter Saturday, 29 March)

28 April - 17 May

25 August - 6 September

6 October - 18 October



Books ...
They have you covered

College has new principal

DR Jillian Maling, formerly deputy principal of the South Australian College of Advanced Education (CAE), is the new principal of Nepean CAE.

Nepean CAE council chairman, Prof Carrick Martin, announced the appointment last week.

Dr Maling takes up the position in early May, succeeding Dr Ellice Swinbourne who retires after nearly six years in the job.

Well known for her work in social science, Dr Maling has served on a number of government advisory committees on nursing and education, and has held positions in other tertiary institutions in SA, WA and Melbourne.

GENERAL

MEETING

OF

STUDENTS!

WHEN :- MONDAY

10TH MARCH

**AT
1 pm.**

WHERE :-

**STUDENT
BUILDINGS**

(WESTMEAD & KINGSWOOD)

ALSO VIS. ARTS FACTORY



ATTENTION ALL STUDENTS

In accordance with the provisions of the S.R.C. Constitution and having followed the procedure for initiating a referendum, the S.R.C. gives formal notice that there will be a referendum to be held on Tuesday and Wednesday, 11th and 12th March.

The reason for the referendum is to repeal the present S.R.C. Constitution and replace it with a new Constitution. While keeping the spirit of the present Constitution, the new Constitution will update Clauses to contend with the changes which have taken place over the past ten years. It will clarify points which, it is felt, are obscure, ambiguous and not readily understandable. In updating the Constitution, we believe that the S.R.C. will be able to function more efficiently by explaining the duties and obligations of its members more fully as well as streamlining its operations and procedures. The terminology has been simplified so that all students may easily read and understand the text.

We recommend your favourable consideration of the questions which will be put to you; i.e. are you in favour of repealing the present Constitution and are in favour of the proposed Constitution?. Also in accordance with the existing Constitution we hereby give notice that there will be a General Meeting of Students on Monday 10th March at 1.00p.m. The meetings will be held simultaneously on both campuses and the Peachtree Factory and we hope you will attend them in the Student Buildings.

The text of the present Constitution is to be found in your copy of the College Calendar and the text of the proposed Constitution will be placed on all notice boards in the Student Buildings. Please read them!

VOTING

REFERENDUM !

STUDENT BUILDINGS

(WESTMEAD & KINGSWOOD)

11TH & 12TH MARCH

9.30 am — 6.00 pm

MONEY IS NOT IMPORTANT - THE LACK OF IT IS!

Regardless of what state your financial position is in or the source of your money, be it from TEAS, part time work or parental support, it stands to reason that the better you manage your money, the further it will go. You must simply make the most of what you have.

BUDGETING

The main point to remember when budgeting is - it's not how much income you have that always counts, but how much you spend.

The first step of financial management is to form a Money Plan - that is, to decide what you want to achieve. Then plan, realistically, how to spend or how not to spend your income, in order to eventually reach your target.

That sound difficult? Not really, but what is needed is to separate your needs from your wants. Needs are those things on which you must spend your money.

For example:	Rent/Board	\$
	Food	\$
	Clothing	\$
	Text Books	\$

It can be difficult to economise with 'needs'.

'Wants' are those things on which you would like to spend your money.

For example:	Entertainment	\$
	Luxury Items	\$
	Certain Text Books	\$

Cut backs are more easily effected in this category.

By coming to grips with your "Needs" and "Wants", you have formed the foundation of a budget or financial plan.

The next step is to record planned spending on a monthly chart.

If you've been 'fair dinkum' with yourself, then your income each month should exceed planned spending. If not, you have two simple choices:

- increase income
- decrease spending

It is sometimes at this point that financial guidance might be needed.

FINANCIAL ASSISTANCE ON CAMPUS

National Australia Bank is well aware that there may be times when your allowance won't stretch quite far enough and a helping hand might be needed.

Assistance might only be needed for a few days - perhaps longer. National Australia Bank is ready and willing to assist in a variety of ways, ranging from advice and guidance to loans which need not be repaid until after you have graduated. Some of the Bank's facilities are:

Student Bankcard

National Bank will consider applications from tertiary students for a Bankcard. The most common limit approved will be about \$200/300 (enough to help out but not enough to get you into trouble).

The features of a Bankcard are:

- * With goods purchased (textbooks, petrol etc.) through Bankcard you are provided with up to 55 days of interest-free credit.
- * You can obtain cash advances on your Bankcard to help with short term emergencies (to tide you over until allowance day).
- * Minimum monthly repayments of only 5% of the outstanding overdrawn balance or \$5.00, whichever is the greater, are minimum requirements.
- * Bankcard helps you establish a good credit rating for the future.

Student Deferred Repayment Loans

For longer term requirements, National Australia Bank will be happy to discuss a loan facility on which you do not have to commence repayments until after graduation.

S.R.C. Info

STUDENT BUILDINGS

The Student Buildings at Kingswood and Westmead have been open since the beginning of last year. As yet the internal furnishings are not yet completed but will be completely finished by the end of first semester.

These are YOUR buildings for YOUR use so please use them. There are several rules for you to observe when using these buildings.

These are:

- 1 Any person wishing to use the building for any other activity other than a student common room must apply in writing to the SRC via Dianne Richards.
- 2 Any damages to the building, furniture, fittings, fixtures or equipment will be the responsibility of the person who does the damage and appropriate action will be taken to recoup any loss incurred.
- 3 The SRC Secretary and Executive have the authority to remove any person from the student building for unruly behaviour.
- 4 All students must place rubbish in receptacles provided. Do not expect the cleaners to pick up after you.
- 5 Students are requested to keep noise levels low so as not to disturb other users of the building.
- 6 Tables and chairs are not to be taken outside the buildings, except for old chairs designated for that purpose. This applies mainly to the Westmead building.
- 7 The SRC offices, located in both buildings are not to be entered without the express permission of staff. If the doors are closed, please do not enter without knocking and asking permission to enter - there may be private meetings taking place.

Office hours are:

Kingswood: 9.00 am - 4.00 pm.
Westmead: 10.00 am - 2.00 pm.

These buildings have been paid for by the students (with a little help from the HEB) and are to be treated with respect.

A Gold Phone is now available in the Westmead building. Change will be given at the SRC office.

Loans will be considered for most study related purposes, including:

- * Purchase of textbooks
- * Living expenses
- * Overseas study trips, or even a motor vehicle

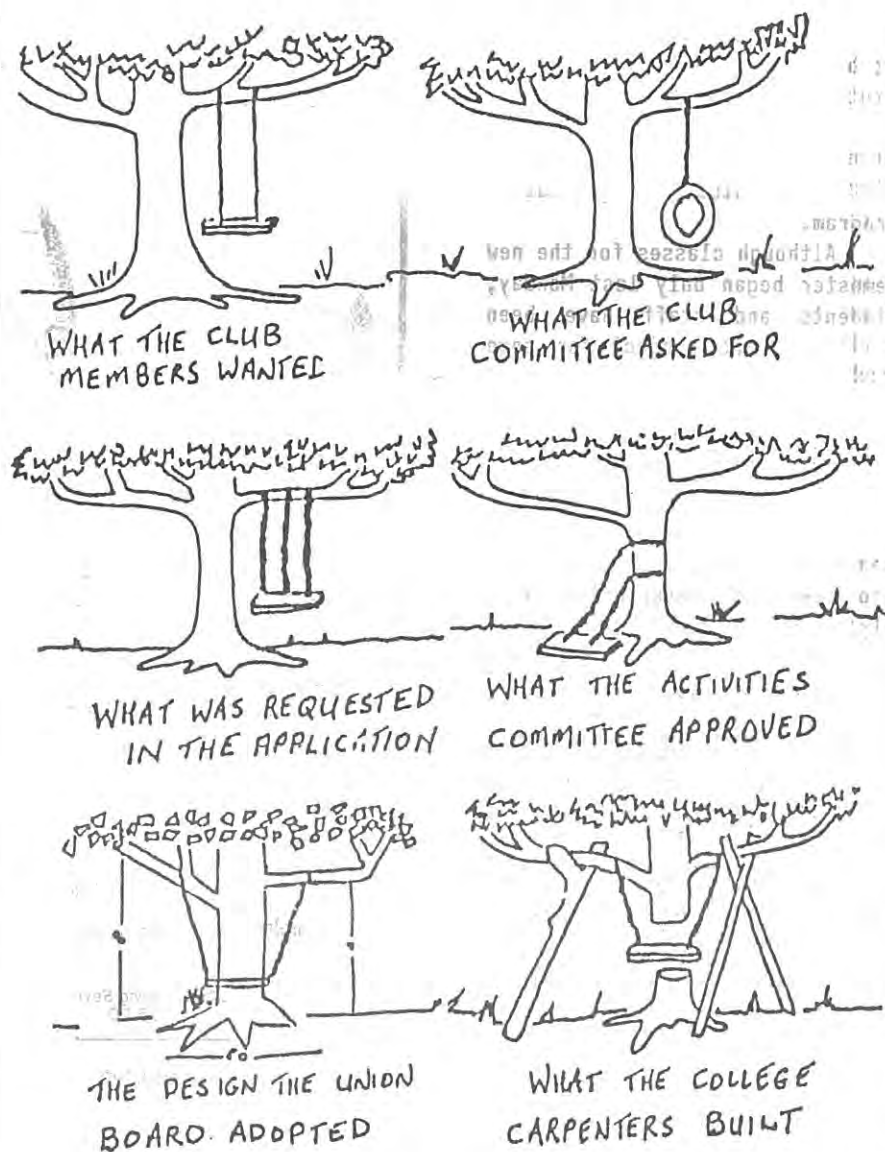
There is no start up fees payable on these loans and the approved amount may be drawn progressively, as the funds are required, thus minimising the interest chargeable on the loan. You are only charged on what you draw.

A concessional interest rate applies to Student Deferred Repayment Loans.

"Solutions"

Is a package of facilities designed to give you all the clues on money management. "Solutions" includes the best of many of the Bank's products and services plus an optional interest earning cheque account with no Bank fees.

DECISION MAKING



SERVICE FEE

As you are aware, this year you have been charged a service fee as well as your SRC fee. This decision to charge this service fee was made at the December meeting of the College Council. There was initial opposition from the student Representative on Council, but this was later withdrawn when the full information for the reason for the fee was made known.

The fee will ensure that all students are issued with a copy of the College calendar (which previously cost \$5 to purchase), free issue of replacement I.D. Cards, free issue of the new CLANN library card (which comes into operation this year), free issue of official transcripts (up to five laminated copies per year) for which charges were made in previous years. This means that you will not have to pay for services in piecemeal fashion, but only have to apply to the Student services office for your requirements.

ACCOMMODATION

At the end of last year an advertisement was placed in local papers asking for accommodation for students. We have received many replies and if you are in need of reasonably priced accommodation, please go to the SRC office for a list of accommodation available. As the people who answered the ads are not known to the SRC you will have to judge the accommodation and rates asked for yourself.

LOCKERS

Lockers are available on all campuses for your use. The charge for the hire of these lockers is \$10 deposit (returnable at the end of the year) and \$2 hire fee. Keys will be available from the SRC offices at Kingswood and Westmead from the first week of semester. The deposit cost is high because students have not been returning keys and new ones have to be made.

Everyday Savings Account

A card based savings account earns high interest, and your money is available when you want it, through any of over 1,300 branches of the Bank plus a vast network of FlexiTellers.

FlexiTeller

Simple to use, FlexiTeller is National Australia Bank's automated teller machine network which operates 6 am to midnight - seven days per week, providing you with access to your money even outside normal banking hours.

These are just some of the services available to Students and young people. It would be safe to say that whatever your needs, National Australia Bank is sure to have a solution.

On-Campus

We've all the usual services including:

- High interest "At Call" Everyday Savings Account.
- FlexiTeller locations.*
- National Australia Bankcard.

Plus:

- Student Kits.
- Student Deferred Repayment Loans.
- T.E.A.S. allowances can be credited to accounts.
- Regular income can be arranged to be credited from parents accounts.
- And many more, just ask our Student Business Officers for more details.

We've had more on-campus experience than any other bank, so we know how to service your needs.

Theatre Nepean is planning its biggest venture to date - a massive production of "Caucasian Chalk Circle" by Bertolt Brecht, to be staged at Sydney's Seymour Centre in April.

The company's first performance in Sydney is part of the final year students' graduation program.

Although classes for the new semester began only last Monday, students and staff have been working on the project for some weeks.

More than 60 individual characters are being created to bring to life Brecht's epic theatre classic.

Wardrobe demands offer a challenge to the Design students who have been researching dress styles of peasant, military and wealthy classes in Russia in the early part of the twentieth century.

Director and college lecturer Malcolm Keith, sees the play as "not firmly fixed in time or place".

In the designs, Design lecturer Anne Gunner, is looking to capture a feeling of the Caucasus Mountains in Southern Russia rather than the specific geographic location.

Similarly, the towering set-too large to be constructed in the company's Kingswood home-will capture the atmosphere of the piece, rather than attempting to create realistically the number of settings required in the play.

For the time being, set designer and production manager John Studholme, has provided a Lego model built to scale so that the involved manoeuvrings of the huge set can be planned and explained to the cast.

At the Seymour Centre Theatre Nepean will have as an acting space an area roughly equal in size to the Drama Studio in which most of the company's shows have been performed.

Affectionately referred to as "the tractor shed", the Drama Studio currently serves as classroom, workshop and performance space while work continues on the \$1,000,000 theatre. Hopes that the new theatre/workshop complex would be opened in time for the current semester have not been realised.

A production the size of "Caucasian Chalk Circle" could not have been contemplated in the small studio.

A cast of 35 and a crew of 18 are mounting the biggest production yet for the performing unit of the Bachelor of Arts degree students at Nepean College of Advanced Education.

The group is made up of both second and third year students in the degree program.

A dramatic musical score has been created by Blue Mountains composer, Frank Gunner. This music will be counterpointed by a wide range of sound effects produced synthetically, and by percussion instruments.

Organisations interested in arranging theatre party bookings may contact Theatre Nepean for further information by phoning Janet MacAllister on (02) 6893442 or Rae Luckie on (047) 360433.

ARTY - FACTS



THEATRE NEPEAN presents

BRECHT'S

CAUCASIAN CHALK CIRCLE

9-19 April, 1986/EVEREST THEATRE/SEYMOUR CENTRE

BOOKING DETAILS:

Adults:	\$15.00 (Evenings, Mon to Sat) \$12.50 (Matinees, Mon to Sat)
Parties:	\$12.50 (20 or more) Evenings \$9.50 (20 or more) Matinees
Concessions:	Pensioners and full time students \$9.50, except Saturday nights
Schools:	\$6.00 per student, one teacher free with 20 students \$9.50 extra adults with school parties
Student Rush:	(Ring Seymour Centre for details) \$6.00

INITIAL BOOKINGS may be made by phone.
PAYMENT IN FULL must be made within 10 days or bookings will lapse

- Party cancellations received later than 5 working days prior to performance date will be subject to a cancellation fee before a refund is made. Individual refunds from parties cannot be made.
- Individual tickets must be picked up by 7 pm on the night of each performance.
- Patrons arriving late may be asked to wait for a suitable break in the performance before being seated.

Return booking slip with cheque.



Malcolm Keith explains set to cast



John Studholme, Lecturer

Casual Work Available

Help! I need someone to come at least once a month to mow my lawn and do some general clean up work. As some of the jobs may involve heavy lifting, perhaps a male student would be better able to do the job. Reasonable rate of pay and lunch thrown in. Please ring 637 5074 any evening. All tools etc supplied.

"Caucasian Chalk Circle" tells the story of a peasant girl, Grusha, caught up in a revolution and separated from her lover, Simon.

She becomes the protector of a child left behind by the Governor's Wife who is more concerned for her own safety than for the infant.

Pursued by soldiers, Grusha seeks help in her plight and finds new people prepared to offer assistance when their own lives and comfort are at stake.

Finally she is driven into an unhappy marriage in an attempt to win respectability and safety for herself and the boy.

When, years later, the child's mother attempts to take him from Grusha, the two women must argue their right to "mother" him, in front of a highly unconventional judge, Azdak, who utilises the test of the chalk circle.



TWO SATURDAYS IN MARCH

8th & 22nd
\$35 per day

Buffoon

These grotesque, deformed, vulgar visionaries are mythical creatures of menacing proportion. Menacing seekers of truth, they draw their strength from forming bandes to parody with a mixture of bitterness and longing, the hollow conventions of the society which cast them out.

Mask & Movement

This workshop will explore the comic visual effects created by masks. We will start with the most basic, the neutral mask, then work with large, expressive masks that evoke their own magical world.

The emphasis will be on the use of body rhythms, movement and gesture; on building improvisations using objects, space, timing and music in unusual and fun ways, developing the body's own language.

FOR MORE INFORMATION, CONTACT:
Celia Moon
28 Lansdowne St
SURREY HILLS 2010
Ph: 331 7906

CELIA MOON studied in Paris at the Ecole Jacques Lecoq. Since returning to Australia in 1982, she has conducted numerous workshops in maskwork, clown, buffoon and movement for various community groups, theatres and institutions throughout Australia, as well as working as a performer.

SPORT & SOCIAL CLUBS

This year we are planning to have several sporting and social clubs in operation running under the auspices of the SRC. These Clubs will be open to both staff and students and will attempt to encompass as many sports and interests as possible.

If you are interested in any of the Clubs listed below or would like to see others offered, please fill out the coupon below and return it to the SRC Office as soon as possible.

The decision taken by the SRC to run all Clubs is for your protection in that they will be strictly funded and that they will have a continuity not possible if they are solely run by volunteers.

Our aim is to bring students and staff together as well as lay the groundwork for inter-College activities. It is also planned to utilise the Student Buildings for social functions as well as providing more social events than have been possible in the past. Costs will be kept as low as possible so that everyone has the opportunity to take part.



- ☐ Gymnastics
- ☐ Soccer
- ☐ Netball
- ☐ Tennis
- ☐ Swimming
- ☐ Athletics
- ☐ Rugby League or Union
- ☐ Basketball
- ☐ Aerobics
- ☐ Musical Society
- ☐ Art Society
- ☐ Debating Society
- ☐ Theatre Club

Suggested Additional Clubs or Sports

Name
Address/Telephone

SPORT.



DANGEROUS AEROBICS

If you are wondering why your body HURTS after a severe workout, particularly aerobic classes, then chances are your instructor has been making you do the wrong exercises.

Of course, any rigorous exercise will make you feel a bit sore if you are not quite fit enough.

However, the exercises listed below are ones which you should never do unless you want to hurt yourself.

Some of them are fairly common and have been in use until recently.

Properly trained instructors usually don't use them as exercises.

The exercises are bad for you because they put excessive strain on parts of your body which are vulnerable to injury, especially the lower back. The movements also tend to be the wrong sort for the muscles involved.

* Bending over with straight knees to punch the floor puts too much strain on the lower back.

* Scissoring movements with straight legs held just above the ground, puts most of the weight of your legs onto your back if your stomach muscles are not very strong.

* Lifting both legs from the ground with the knees straight while lying on your back will overload your back and hip muscles.

* Banana bends - lying on your stomach and lifting your head, shoulders and legs are a no-no as a general rule, again because it strains the back.

* Kicking up with a straight leg while on all fours can strain the lower back. You can fix this problem by bending your elbows a bit or resting your forearms on the floor.

* Doing sit-ups with straight knees is likely to strain your lower back. This problem is solved by bending both your knees. The bigger the bend, the harder the sit-up, but don't hook your feet under anything.

THIS STORY IS FROM THE SPORTS PHYSIOTHERAPY GROUP (ACT), A SPECIAL GROUP OF THE AUSTRALIAN PHYSIOTHERAPY ASSOCIATION.

ACCOMMODATION

There are many students looking for inexpensive accommodation. If you have a spare room you are willing to rent out, could you please let the SRC office know and they will pass on the information to the students concerned.

VILLAGE - GREATER UNION - HOYTS (Valid from 1.4.88 to 31.3.87)

STUDENT CONCESSION CARD

School, College etc.

Full Name of Student (BLOCK LETTERS) Date of Birth

Signature of Student 060001

Subject to the conditions printed on the reverse side of this card, and to such other conditions as may be imposed by the theatre management, the student to whom this card is issued will be admitted at a Concession Admission Price. The card must be produced when tickets are purchased, and may be required to be shown (with the tickets) on entry into the theatre.

This Card is for the use of FULL TIME STUDENTS ONLY and is NOT TRANSFERABLE in any circumstances.

Theatre concession cards now available in the SRC Office.



STREETWIZE

THE KIDS LEGAL COMICS PROJECT is a Redfern Legal Centre publishing project, in conjunction with Marrickville Children's Legal Centre with help from the Legal Services Commission of NSW.

The project has been funded by the Commonwealth Employment Programme. Printing costs have been funded by the Law Foundation of NSW.

The purpose of the project is to provide practical legal information in an exciting, easy-to-read comic format. It is designed to teach

young people most in need of such legal information. A further aim is to stimulate young people to think critically about legal and social issues relevant to them.

Cartoonists: Prue Borthwick, Les Robinson. Script: Francis King, Vic Smith

Kids Legal Comics Project Committee: Julie Melbourne (Marrickville Legal Centre), Helen Whitty (Legal Education Officer), Sean Kidney (Project Supervisor: Redfern Legal Centre Publishing), Dominic Gibson (Redfern Legal Centre)

Advisory Committee: Glen Richards, Nanette Rogers, John Pearson, Tony Blyth

Special thanks to all the young people who've talked to us and given their time and energy to make these comics possible.

Distribution: Copies of this comic are available for \$1.00 each (plus postage) from Redfern Legal Centre, 73 Pitt St., Redfern 2016. Also available free from selected Youth Centres all over NSW.

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For Interstate Readers: Note that legal information in this comic relates to NSW only. Relevant laws vary widely from state to state. Consult your state Legal Resource Book, Legal Advice Centres, and/or a lawyer for appropriate advice.

Printed by: Maxwell Printing Ltd, Waterloo, Sydney. Separations by Gibbney Graphics.

The first issue of Streetwize Comics was published in October 1984 and reprinted in February 1985. The second issue was published in March 1985 and the third in May 1985. This issue was published in June 1985.

More to come soon!
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