

WESTERN SYDNEY  
UNIVERSITY



ART THERAPY



Post Graduate

# ART THERAPY

## UTILISE VISUAL ART MEDIA WITHIN A THERAPEUTIC RELATIONSHIP TO ASSIST PEOPLE IN DISTRESS.

Art therapy is a form of individual, family and group psychotherapy in which participants engage in visual art processes within a therapeutic relationship with a highly trained art therapy practitioner. Art therapy is internationally recognised as a valuable therapeutic approach to a wide range of psychological, social and physical conditions.

### WHAT YOU'LL STUDY

The Master of Art Therapy is an approved clinical training program that equips students with the knowledge, capacity and experience for work in a variety of settings.

Students in the Master of Art Therapy engage in art-making as a process of enquiry into understanding self and others, and as a way of integrating scholarly, experiential and clinical learning. They develop critical understanding of the historical and current influences that have shaped the diversity of art therapy practice across studio and community-based settings, clinical contexts

and the arts in health. Students are trained in the microskills of counselling and art therapy, and become familiar with contemporary developments in research and therapeutic practice, consolidating their learning through a year-long professional placement.

### CAREER OPPORTUNITIES

Professional art therapists are employed in a variety of settings, including health, government and community organisations, and private practice.

Art therapists work across the full spectrum of ages, abilities and issues, wherever a creative approach to life challenges can be of help.

### MASTER OF ART THERAPY

UAC Code	950976
Apply Direct Code	4595
CRICOS Code	013543F
Duration	2F/4P
Location	Parramatta South
Intakes	February
Admission	Applicants must have successfully completed an undergraduate degree, or higher, in visual arts, fine arts, art education, design, architecture or visual media (e.g. photography, film, video and/or television), or have majored in one of these areas OR an undergraduate degree, or higher, in any discipline PLUS at least two units in visual arts, art education or design at university level, or a VET Diploma of Visual or Fine Arts OR an undergraduate degree, or higher, in any discipline PLUS be able to present written evidence to the satisfaction of the School of Social Sciences and Psychology of a minimum of five years of professional experience and training in the visual arts OR have successfully completed the Master of Social Science (Studies in Art Therapy) at Western Sydney University.
Inherent Requirements	There are inherent requirements for this course.
Accreditation	The Master of Art Therapy complies with the training guidelines of the Australian and New Zealand Arts Therapy Association (ANZATA) and of the Psychotherapy and Counselling Federation of Australia (PACFA), and has been approved by the ANZATA Accreditation Sub Committee. Course graduates are eligible to apply for professional registration with ANZATA. Depending on their field of employment, Master of Art Therapy graduates may be entitled to industrial award coverage as an Art Therapist under the 2007 NSW Health Professionals Award.

**Key:** F = Full-time; P = Part-time.

**Note:** Part-time refers to study load, not to timetabling of evening classes.

# WHY POSTGRADUATE STUDY AT WESTERN SYDNEY?

## You've come a long way. Go further.

Located in the heart of one of Australia's fastest growing economic regions, Western Sydney University offers unlimited potential to postgraduate students with the drive, ambition and will to succeed.

Ranked amongst the top three per cent of universities on the globe, Western Sydney is a world-class university with a growing international reach and reputation for academic excellence and impact-driven research.

To take your career to the next level, you need more than classrooms, more than theory.

That's why we offer a combination of on-campus, online and clinical learning environments, with real-life, on-the-ground, hands-on opportunities for skill development in professional and community settings. We value academic excellence, integrity and the pursuit of knowledge.

And we continue to challenge traditional notions of what a university 'should' be by pushing the boundaries of how knowledge is exchanged.

We equip our postgrads with the means to do more than just advance their careers. We are unlocking the potential of the next generation of global citizens, leaders and change-makers.

**PROGRESS. UNLIMITED.**

## Application Information

### ENGLISH PROFICIENCY REQUIREMENTS

#### Master of Art Therapy

Applicants who have undertaken studies overseas may have to provide proof of proficiency in English. Details of minimum English proficiency requirements and acceptable proof can be found on the Universities Admissions Centre (UAC) website at [uac.edu.au](http://uac.edu.au)

### RECOGNITION OF PRIOR LEARNING

#### Master of Art Therapy

Successful applicants who have undertaken postgraduate studies in art therapy at another institution may be eligible for advanced standing, depending on the level and specific content of their can be made online through the Universities Admissions Centre (UAC) at [uac.edu.au/postgraduate](http://uac.edu.au/postgraduate)

Alternatively you may apply direct to Western Sydney at <https://westernsydney.uac.edu.au/ws/>

### INTERNATIONAL STUDENTS

#### Master of Art Therapy

International students must apply directly to Western Sydney University. Part-time mode for these courses is not available to international students due to Australian student visa regulations. Application forms and information on admissions are available at [westernsydney.edu.au/international/admissions](http://westernsydney.edu.au/international/admissions)

For information about studying at Western Sydney University, including courses, tuition fees, English requirements, intakes, assessment methods, accommodation options and living in Australia, please visit [westernsydney.edu.au/postgraduate](http://westernsydney.edu.au/postgraduate)



### POSTGRADUATE INFORMATION SESSIONS

Postgraduate Information Sessions are held throughout the year, and give you the opportunity to meet academic and professional staff, and to ask questions about courses, admission, fees and more. At these sessions, you will gain a better understanding of course content, what you can expect from the program and possible career paths. To register for a Postgraduate Information Session, visit [westernsydney.edu.au/postgraduate/sessions](http://westernsydney.edu.au/postgraduate/sessions)

To view the full range of postgraduate courses available visit [westernsydney.edu.au/postgraduate](http://westernsydney.edu.au/postgraduate)

### CONTACT US

To discuss your study goals and career options, contact the Course Information Centre on **1300 897 669** or email [postgraduatestudy@westernsydney.edu.au](mailto:postgraduatestudy@westernsydney.edu.au)

### DISCLAIMER

Western Sydney University reserves the right to withdraw or vary courses listed within this publication. In the event that the course or courses are to be changed, or in the event of cancellation, applicants will be advised by mail to the address specified on their application.

CRICOS provider code: 00917K



[WESTERNSYDNEY.EDU.AU](http://WESTERNSYDNEY.EDU.AU)