

# Support Services

## [Counselling, Welfare, and Disability Support](#)

Monday to Friday 9.00am - 4.30pm

1300 668 370 (option 5)

## [General Wellbeing Student Enquiry](#)

## [Free Psychological Support](#)

psychclinic@westernsydney.edu.au

(02) 9852 5288

## [Campus Safety](#)

1300 737 003

## [TalkCampus](#)

24/7 Global Peer Support Network



# Study Support

## [Wellbeing Plan](#)

## [Study Smart](#)

## [Study and Skill Resources](#)

## [10 Tips to Stress Less at University](#)



Make connections  
at Western -  
Support Services are  
here for you