

Simple Citrus Salad

No. of Serves: 2



Ingredients

- 1 small celery stalk, chopped
- 1/2 cup cherry tomatoes, chopped
- 1 cup kale, chopped
- 3 white button mushrooms, sliced
- 1 medium orange, peeled and segmented
- 1/4 cup almonds
- 1/4 small red onion, finely chopped
- 1/2 cup of freshly squeezed orange juice
- 1/4 avocado, peeled and chopped

Method

- To see the method for the [Simple Citrus Salad](#) and for more healthy eating ideas, please visit [Smart Eating for a Healthier You](#) on the Dietitians Association of Australia website.