



# Clinical Placement Uniform Guide

School of Nursing and Midwifery | 2017

## **Fact Sheet 5** **Uniform Guide**

### **Student ID**

NSW Health states that **all students** must wear university identification whilst on placement but **NOT on lanyards** (the long cords worn around necks). A holder for student ID is available from UWS Connect or stationery shops.

### **Correct Uniform**

- All students are required to wear the designated **Western Sydney University nursing uniform** (unless otherwise approved) and to project a professional image at all times.
- **No variation of the uniform policy will be accepted without written permission of the Director of Academic Program (Clinical).**
- Students requiring uniform variations must email the Director of Academic Program (Clinical) at least three weeks prior to their clinical placement for an exemption letter.
- Uniform is available from University Store Connect at Campbelltown, Parramatta & Hawkesbury campus.
- If students are under financial hardship then they are advised to seek assistance from Student Welfare as the full designated uniform is mandatory for placement. (see:  
[http://www.uws.edu.au/currentstudents/current\\_students/services\\_and\\_facilities/student\\_welfare\\_services2](http://www.uws.edu.au/currentstudents/current_students/services_and_facilities/student_welfare_services2))
- All uniform and clothing items worn to clinical placements must be
  - clean, stain free,
  - crease free and
  - professionally appropriate for the specific placement (e.g., no shirts, jeans, shorts, tight or revealing clothing).
- Students must also maintain a high level of personal hygiene at all times.

## Fact Sheet 5 - Uniform Guide

**Any student that does not follow the uniform guidelines will be sent home from clinical placement.**

**2016 saw the introduction of new uniforms. It is not expected that students already in courses replace their existing uniforms unless they wish to do so.**

### **Old UWS Uniform Guidelines:**

#### ***Western Sydney Uniform Female Nursing Uniform:***

UWS Red/Blue trim Polo shirt with logo.

UWS Red/White stripe fitted shirt.

#### **with**

**Black** dress/tailored trousers -no black jeans or low cut pants.

**UWS Navy** skirt with logo.

**Black duty** shoes (fully enclosed shoes are mandatory).

Beige/natural stockings (worn with skirt and culottes) – **NO coloured stockings, tights, or socks** permitted.

Navy or Black socks to be worn with trousers, socks are not permitted with skirt



#### ***Western Sydney Uniform Male Nursing Uniform***

UWS Red/Blue trim Polo shirt with logo or

UWS Red/White stripe fitted shirt.

#### **with**

**Black** dress/tailored trousers.

**All Black** shoes (fully enclosed shoes are mandatory).

**Navy or black socks** to be worn with trousers.

## Fact Sheet 5 - Uniform Guide

### ***University of Western Sydney Female Nursing Uniform:***

**Western Sydney University Red & White collar trim Polo shirt with logo.**

**Western Sydney University Short sleeve red & white striped shirt with logo.**

**Western Sydney University Short sleeve Tunic with logo.**

### ***with***

**Black dress/tailored trousers-** (no leggings, black jeans or low rise pants), or **Western Sydney University tailored long pants with logo.**

**Western Sydney University skirt or culottes (long shorts) both with logo.**

**All Black shoes** (fully enclosed shoes are mandatory).

**Beige/natural stockings** (worn with skirt and culottes) – **no coloured** stockings, tights, or socks permitted.

**Black socks are to be worn with trousers, socks NOT to be worn with skirts**



## Fact Sheet 5 - Uniform Guide

### ***Western Sydney Uniform Male Nursing Uniform***

**Western Sydney University** Red & White trim Polo shirt with logo.

**Western Sydney University** short sleeve shirt with logo or Western Sydney Tunic with logo.

### ***with***

**Black** dress/tailored trousers or Western Sydney University tailored long pants with logo.


**All Black** shoes (fully enclosed shoes are mandatory).

***Black socks to be worn with trousers.***




## Fact Sheet 5 - Uniform Guide

### Dress Code for Clinical Placements

<b>Size</b>	In order to prevent embarrassment the uniform should allow for freedom of movement when undertaking all clinical activities e.g., Stretching, bending and reaching, etc. Tight uniforms are not appropriate and need to be altered/replaced to maintain a professional standard of dress code.
<b>Length</b>	Skirt uniform – knee length. <b>NO full length skirts</b> are permitted.
<b>Hair</b>	To adhere to Infection Control Guidelines hair <b>must be neat at all times and off the collar</b> . Students with long hair must wear it up; long ponytails are not acceptable. Long tendrils need to be secured with pins. Male students clean shaven or well-groomed short beards and moustaches.  <div style="text-align: center;">  </div>
<b>Nails</b>	To adhere to Infection Control Guidelines fingernails must be short, clean and without nail polish. Students who attend placements with long fingernails and nail polish will be required to cut and clean nails. <b>Acrylic, false or gel nails are NOT permitted due to infection control issues. Students will be required to remove nails.</b>  See NSW Health Infection Control Guidelines: <a href="http://www.health.nsw.gov.au/policies/pd/2007/PD2007_036.html">http://www.health.nsw.gov.au/policies/pd/2007/PD2007_036.html</a>
<b>Jewellery</b>	To adhere to Infection Control Guidelines a wedding ring and one pair of plain studs/sleeper earrings are acceptable. <b>No other jewellery is permitted i.e. Multiple studs, rings, necklaces etc.</b> No body jewellery or any other visible skin piercings are acceptable. A clear spacer only may be used.
<b>ID</b>	UWS /Western Sydney University Student ID must be displayed at all times.
<b>Equipment</b>	Nurse's watch with a sweep second hand must be available for recording vital signs, and not worn on the wrist. <b>NO wrist watches.</b> A black ball-point pen, surgical scissors, and a small notepad are essential requirements. A small pocket calculator is advisable. It is suggested that all equipment be labelled clearly with the student's name.

## Fact Sheet 5 - Uniform Guide

<b>Other Items</b>	<p><b>Students are not permitted to wear cardigans, blazers or jackets of any colour when undertaking formal clinical care.</b> Cardigans and vests may be permissible on duty in some placements with approval of Facilitator/Nurse Unit Manager when not engaged in patient care.</p> <p>Multi-coloured items e.g. T-shirts, singlets, underwear and other apparel that are <b>visible under the uniform are not acceptable.</b> These additional items are to be removed once in the patient care area.</p>
<b>Body Odour</b>	<p>Students <b>must</b> ensure that their clothes are laundered and ironed for the duration of their placement.</p> <p>Students <b>must</b> also use deodorant and are asked to be mindful of the perfume/aftershave they wear to ensure that it is not too overwhelming.</p>
<b>Footwear</b>	<p>All students are required to wear correct fully enclosed <b>ALL black</b> shoes (that meet WHS requirements) for clinical placement. Shoes must be low heeled, fully enclosed, non-slip soles. Reeboks, joggers, sandals, sneakers, gym shoes, sandals, slippers, ballet shoes, etc. <b>are NOT acceptable.</b></p> 

### **Dress Code for Placements that Stipulate “No Uniform but Smart Professional Attire ( Civilian clothing)”**

<b>Dress Code</b>	<p>Professional appearance must be maintained at all times. No bare-midriff, tight or revealing clothes; Skirts and dresses to be mid-knee length. No T-shirts or jeans. If trousers or slacks are worn, they should be tailored (clothing with frayed areas are not to be worn). No Shorts, No sports shoe, joggers, sandals, sneakers, etc. Collared shirts are to be worn. Polo shirts are acceptable. No items with writing or advertisements, thongs, crocs open toed shoes are not permitted.</p>
-------------------	---

## Fact Sheet 5 - Uniform Guide

### Uniform Variations:

#### Cultural Considerations

Only students observing cultural and religious practices are permitted to wear the following additional items:

- Long-sleeved, cotton **Black** 'skivvy' to wear under all approved uniform shirts. Students will be required **to roll the sleeves up** when performing clinical procedures and to maintain asepsis in all areas.
- Full shirts ( to the floor/ankle; ) are not permitted as clinical placement uniform
- **Plain Black or white head covering/hijab/headscarf/jilbab** may be worn- it must be light weight fabric, tucked and pinned to hold **in place**. Must be tucked in the shirt at all times (see below)
- **Burka, Khimar and Sitaras** are **not permitted** to be worn on clinical placement
- **A black patka/keski** may be worn: however full turban is not permitted

If, for religious reasons a student wishes to dress outside of this uniform policy, they must contact the Director of Academic Programs-Clinical.

#### Pregnancy – Uniform Requirements

- Request a uniform exemption from the Director of Academic Program (Clinical) by email to [nursingclinical@westernsydney.edu.au](mailto:nursingclinical@westernsydney.edu.au)
- Red collared short-sleeved shirt in place of top (as close as possible in colour to the official uniform).
- **Black** trousers in place of Western Sydney University trousers (no cargo pants or jeans) or **Black Skirt** (Knee length).
- **All Black shoes.**
- **Black socks.**

#### Wearing your clinical uniform in CPU classes and for OSCA- Requirements

- **Student are permitted** and encouraged to wear their clinical uniform when attending CPU classes.
- If a student elects to wear Clinical Uniform to class the uniform **must be worn completely.**
- **No part uniform wearing** is permitted eg. Jeans and the Clinical Tunic/Shirt
- Full Clinical Uniform (see previous pages) is required when you are attending your OSCA assessment.