

School of Medicine - General Practice Newsletter

Issue 5 / December 2011



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From the Peter Brennan Chair—Jenny Reath



CELEBRATING OUR ACHIEVEMENTS!

Thank you to all the GP Supervisors who made the first year of our Year 5 Urban GP Teaching Program as much a success as was the Rural program!

We all held our breath (collectively!) each rotation as Suzie matched students to practices. Then at each “Back to Base” session were delighted to discover that not only had we managed to find enough enthusiastic GP teachers, but that these were exceptional teaching practices and the students were thoroughly enjoying the opportunity to learn in a new and challenging environment.

To cap the year off the Department of General Practice was recognised with a “citation” for the quality of our teaching program and, thanks to the gener-

osity of Dr Pham and the Wollondilly Shire Council as well as Dr Harry Pope and Primary HealthCare, our Year 5 students topping the GP Program were rewarded with generous cheques as a mark of their achievement.

Congratulations Jessica Sandy and Elise Maehler!

Again we are welcoming newcomers to the Department including our first GP Fellowship winner and our first PhD student. Welcome Graham Chaffey and Angela Hsaio!

Sadly we are also farewelling Sara Rosenkranz and Charlene Thornton and sending Suzie off on a 6 month sojourn as Acting Executive Officer of Macarthur Clinical School. Thankfully we are well supported in Suzie’s absence by Heidi Forbes who

joins us from the School of Nursing.

In this GP Newsletter we also celebrate successes in recent conferences and publications, also some amazing student achievements with more to come no doubt!

Our conjoint numbers are growing and we encourage those of you who have not done so, to consider becoming a conjoint in order to access the extensive on line library collection at UWS.

Thank you as always for your generous support of our program and we look forward to continuing our work together!

Jenny Reath

Our warmest wishes for a safe and relaxing Christmas and a rewarding New Year!



GP AWARDS

Mr Les McMahon, Dr Harry Pope, Jessica Sandy, Dr Anna Pham, Elise Maehler, Ms Cathy Wagner and Ms Janice Hardacre at the awards presentation.

*Seasons Greetings
and
Our Best Wishes for 2012*



ARE YOU INTERESTED?

Becoming a GP Supervisor: 2012 GP Term Dates

<p>30 January—2 March 5 March—6 April 23 April—25 May 28 May—29 June 23 July—24 August 27 August—28 September 1 October—2 November</p>	<p>UWS Year 3 MiC students</p> <p>2 sessions (1 day) per week for 5 weeks</p>
<p>13 February—16 March 19 March—20 April 23 April—25 May 2 July—3 August 6 August—7 September 24 September—26 October 29 October—30 November</p>	<p>UWS Year 5 GP students</p> <p>6 sessions (3 days) per week for 5 weeks</p>

If you would like to become a GP supervisor or you are interested in finding out more information, please contact Dr Nick Collins on n.collins@uws.edu.au or Heidi Forbes on GPdept@uws.edu.au. We will notify the University of Sydney of any expressions of interest in the West of Sydney, as we share recruitment and placement processes across both universities in the

General Practitioners for Medical Students

Health problems and stress can affect the ability of students to complete their medical training. We encourage all students to have their own GP and to take a preventive approach to their health. If you or colleagues in your practice would be willing to see medical students as *patients* in your practice, and be included on a list that will be available to UWS medical students and staff, we would like to hear from you.

For further information or to register your interest in supporting our students' health and welfare, please contact Heidi (contact details back page).

Students Community Research

Since 2010, Year 4 UWS medical students have developed their research skills by conducting community based group projects exploring the impact of socio-economic disadvantage on health. We encourage students to develop topics directly relevant to the communities where they are based and are very grateful to GPs and practice staff who have generously offered their practices as project sites, for example, by allowing students to conduct waiting room surveys with patients.

If you have project ideas or clinical questions that are of interest and could be conducted in your practice, we would welcome hearing from you! Previous topics have included community awareness of preventive health checks, rubella immunisation status and GP involvement in child health. For further information, please contact A/Prof Wendy Hu (see contacts back page).

Allergic Diseases

The Graduate Certificate in Allergic Diseases is a part-time course over two years designed to help health care professionals including General Practitioners and general Paediatricians gain a greater understanding of allergic diseases. Students complete theoretical and clinical components. The theoretical component will be delivered online, with the practical component being offered in regional Immunology and Allergy clinics.

More information can be found at <http://future.uws.edu.au/>

2nd Australian Health Informatics Summer School—Sydney, 6—10 February, 2012

Summer School will consist of a series of short courses designed to address the needs of clinical professionals, healthcare administrators and support personnel, computing and information specialists and researchers and postgraduate students.

Each short course will be run as a full day intensive mode classroom or workshop style session and be delivered by a team of invited national experts and UWS Health Informatics staff.

For more information and to indicate your interest, please visit the event website at http://www.uws.edu.au/computing_mathematics/hisummerschool

Can I claim CPD points for teaching medical students?

The RACGP QI&CPD 2011-2013 Triennium began in January this year. For those teaching medical students, this provides an opportunity to gain valuable **Category 1** CPD points. This can be achieved by completing an Active Learning Module (ALM) and submitting it for review to your local QI&CPD unit for adjudication. The minimum time spent on this teaching activity should be 6 hours.

Below is a simple "how to..." guide, ideally to be started before you commence teaching:

Step 1	Log in to the RACGP QI and CPD site at http://qicpd.racgp.org.au/ (the log in box is in the top left hand corner of the page)
Step 2	under "Program for GPs", click onto "Forms"
Step 3	Click onto: <i>GP ALM Teaching Medical Students</i>
Step 4	Save or print out the 8-page form
Step 5	Complete the "Before teaching" section of the form and identify 3-5 learning objectives that <u>you</u> wish to address in the course of being a GP teacher. Refer to the "Guiding Information" at the end of the form if necessary.
Step 6	Enjoy teaching!!
Step 7	Complete the "Teaching Process" and then reflect on your experience by completing the "After Teaching" sections.
Step 8	Check and sign the form before sending to the State QI&CPD Unit – in NSW this is PO Box 534 NORTH SYDNEY NSW 2060 Fax: (02) 9886 4791 OR Email (preferred): nswact.qicpd@racgp.org.au If emailing simply type in your name instead of signing - if the ALM comes from your email address it will be accepted as "signed".
Step 9	Remember <u>you can only claim the 40 Category 1 points once in this triennium....!</u>

Online Resources for GP Supervisors

Australian Family Physician September 2004 – "The GP as Teacher and Learner" <http://www.racgp.org.au/afp/200409>

Beyond Medical Education "Consultation Interruptus" <http://www.facebook.com/video/video.php?v=2021275928281>

British Medical Journal "ABC of Learning and Teaching in Medicine" Learning and teaching in the clinical environment <http://www.bmj.com/content/326/7389/591.1.full.pdf>

Educational environment <http://www.bmj.com/content/326/7393/810.full.pdf>

Evaluation <http://www.bmj.com/content/326/7385/385.full.pdf>

Teaching small groups <http://www.bmj.com/content/326/7387/492.1.full.pdf>

One to one teaching and feedback <http://www.bmj.com/content/326/7388/543.full.pdf>

Problem based learning <http://www.bmj.com/content/326/7384/328.full.pdf>

Teaching large groups <http://www.bmj.com/content/326/7386/437.full.pdf>

Applying educational theory in practice <http://www.bmj.com/content/326/7382/213.full.pdf>

Work based assessment <http://www.bmj.com/content/326/7392/753.full.pdf>

Skill based assessment <http://www.bmj.com/content/326/7391/703.full.pdf>

Dawn E DeWitt DE. Incorporating medical students into your practice. Australian Family Physician Vol. 35, No. 1/2, January/February 2006 pp24-26. <http://www.racgp.org.au/afp/200601/200601dewitt.pdf>

Lawson C, Ling MY. Teaching medical students – what's in it for teachers? Australian Family Physician Vol. 33, No. 6, June 2004 p451 <http://www.racgp.org.au/afp/200406/20040601lawson.pdf>

London Deanery E-learning modules <http://www.faculty.londondeanery.ac.uk/e-learning>

This Series of open access short modules covers core topics in clinical teaching and learning. They have been developed by the London Deanery to inform and support the professional development of clinical teachers. On completion of a module, a certificate can be printed out for your own records or portfolio.

Molodysky E. Clinical teacher training. Maximising the 'ad hoc' teaching encounter. Australian Family Physician Vol. 36, No. 12, December 2007 pp1044-1046. <http://www.racgp.org.au/afp/200712/200712molodysky.pdf>

University of Medicine & Dentistry of New Jersey Centre for Teaching Excellence.

http://cte.umdj.edu/clinical_education/clinical_tips.cfm

Links to US-based resources on clinical education "Clinical Education > Tips and Tutorials"

The One Minute Preceptor: 5 Microskills for One-on-One Teaching <http://www.oucom.ohiou.edu/fd/monographs/microskills.htm>

Integrating the learner into the busy office practice <http://www.oucom.ohiou.edu/fd/monographs/busyoffice.htm>

Clinical teaching <http://www.crit.umich.edu/publinks/occ1.html>

Video of teaching sessions <http://residentteachers.usc.edu/video/vcpredoctoral01.html>

Teaching at the Bedside <http://www.oucom.ohiou.edu/fd/monographs/bedside.htm>

University of Western Australia "Teaching on the Run" <http://www.meddent.uwa.edu.au/teaching/on-the-run/tips>

www.meddent.uwa.edu.au/teaching/on-the-run/tips

Wearne, S. Teaching procedural skills in general practice. Australian Family Physician Vol 40, (1/2) January/February 2011 pp63-67. <http://www.racgp.org.au/afp/201101/201101wearne.pdf>

OUR NEWS

AWARDS/CITATIONS

The Department of General Practice wins teaching award

The College of Health and Science 2011 Learning and Teaching Awards Citation was awarded to the Department of General Practice "For team commitment to the rigorous development of an innovative vertically and horizontally integrated teaching and learning program in General Practice".



WELL DONE TEAM!!

As a new academic department we were pleased to be recognised by the UWS College of Health and Science for a team commitment to innovative teaching, in particular for the rigorous development of a vertically and horizontally integrated General Practice curriculum. By this we mean the way in which we have developed curriculum benchmarked to professional standards in General Practice, and engaged expert practitioners such as experienced GP supervisors and health professionals based in the community to teach medical students. In this way, students will better understand the practicalities of real life general practice, and be well prepared for practice after graduation. UWS and the School of Medicine is focussed on quality teaching and learning, which has been acknowledged in prestigious national awards – to read more see <http://www.uws.edu.au/learning&teachingnewsnov11>

WELCOME TO NEW TEAM MEMBERS

The Department of General Practice welcomes Heidi Forbes, Graham Chaffey and Angela Hsiao

Heidi Forbes has joined us as the Administration Officer for a six month secondment to replace Suzie Mazzotta who was successful in attaining the secondment position of Acting Executive Officer at Macarthur Clinical School.

Heidi is an experienced placements officer with the School of Nursing and Midwifery and has worked in various areas including the Family and Community Health (FaCH) Research Group and in the Head of School Unit. She is currently studying health science. We welcome Heidi, our new Administrative Officer.

Dr Graham Chaffey, an experienced GP supervisor from Hazelbrook General Practice was the successful applicant for a GP Research Fellow position with our Department. Graham will be researching the real practice costs of hosting a PGPPP placement. Graham will update you on his research in our next newsletter.

Welcome also to **Angela Hsiao** who commenced PhD studies with us in October. Angela's research will focus on barriers and facilitators in diabetes education for patients of Chinese background. Please read more about Angela in the article below.

In coming months we will also be welcoming new staff, so watch this space!

Angela Hsiao – who has commenced PhD studies on diabetes care in the community



Angela Hsiao is an accredited dietitian and credentialed diabetes educator with over 15 years experience in clinical nutrition. She first came to Australia in 1997 to study for her Masters of Nutrition and Dietetics at Sydney University. Returning to Taiwan, she worked for 6 years teaching and seeing patients before emigrating to Australia in 2005 with her husband and daughters.

Angela started her private practice in the Campbelltown area in 2005. Through her practice she has made many friends and developed a network of GPs and other practitioner colleagues. In 2010, she joined Sydney South West GP Link (formerly Macarthur Division of General Practice) and now works one day a week with the metabolic management team. She also conducts clinics in GP practices in Eastwood, Campsie, Penrith and Kogarah.

Due to her Chinese background and bilingual skills, Angela sees many Chinese patients. As many elderly Chinese patients don't speak English, she is able to understand how their diabetes care may need to be different to other Australian patients.

Following her passion for effective diabetes care in the community, Angela started PhD studies in our Department in October 2011. Her research will focus on barriers and facilitators in diabetes education for patients of Chinese background, with the aim of developing effective education for this population who have a high prevalence of Type 2 diabetes.

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GRANT SUCCESS

Tejas Deshmukh a UWS Year 5 student was successful in his grant application for the RACGP/APHCRI Award! He is working with Dr Penny Abbott at AMS Western Sydney to research Aboriginal Health Worker perceptions about cardio-vascular risk factors—an important piece of work. Well done Tejas!



FAREWELL TO OUR TEAM MEMBERS

In December we farewell **Dr. Sara Rosenkranz**, who will be returning to the US with her family. Starting as our first Research Officer, Sara was then appointed as Research Fellow, and has been instrumental in getting our research program off to a flying start. During her stay she has contributed to many research initiatives, including in healthy lifestyle for high school students with SWSGPL, otitis media diagnosis in general practice and taught research skills to GPs. She has presented our work at GP11 and PHCRIS national conferences and her own research at international conferences, and had several publications accepted - a great output in less than a year!

Dr. Charlene Thornton will also be taking up new research roles in the Schools of Medicine, and Nursing and Midwifery. Charlene has provided enormous expertise to student research through the Community Medicine Group Project which all students complete in Year 4. Charlene will continue to work with the program through various projects.

Suzie Mazzotta has been recognised for her fantastic organisational skills by being seconded to the Macarthur Clinical School, based at Campbelltown Hospital as Executive Officer for 6 months

We thank all three for their wonderful contributions to the Depart-

GP Conjoint Dr Kam Wong: 'Using an Ishikawa diagram as a tool to assist memory and retrieval of relevant medical cases from the medical literature'.

One of our GP Conjoints, Dr Kam Wong who is one of BME's Medical Educators, has had an article on problem-based learning peer reviewed and published in an international journal. This article is titled: 'Using an Ishikawa diagram as a tool to assist memory and retrieval of relevant medical cases from the medical literature'.

Abstract: Studying medical cases is an effective way to enhance clinical reasoning skills and reinforce clinical knowledge. An Ishikawa diagram, also known as a cause-and-effect diagram or fishbone diagram, is often used in quality management in manufacturing industries.

In this report, an Ishikawa diagram is used to demonstrate how to relate potential causes of a major presenting problem in a clinical setting. This tool can be used by teams in problem-based learning or in self-directed learning settings. You can read the entire article at: <http://www.jmedicalcasereports.com/content/5/1/120>

RACGP ASC - Hobart 2011

There were a number of exciting events at the RACGP ASC in Hobart in early October.

Dimity Pond from Newcastle University and Prof Jenny Reath were successful at the RACGP convocation in moving that RACGP enhance recognition of the educational value of supervising medical students by increasing GP QI and CPD points for GP Supervisors.

Michael Fasher received an Honorary Fellowship of the RACGP— Congratulations Michael!

A wide range of presentations were made by UWS (and University of Sydney) conjoints as below:

"Building community health, equity and capacity through general practice – community health partnerships: HealthOne Mt Druitt" **Di O'Halloran**

"Beliefs, attitudes and behaviours of GPs and General Practice Registrars on the identification of patients with alcohol use disorders and the AUDIT-C tool: focus groups of GP teaching practitioners" **Michael Tan**

"Aboriginal and Torres Strait Islander Health – Exam writing workshop" **Tim Senior**

"A Medical School Curriculum in Aboriginal and Torres Strait Islander Health – The difference Community makes" **Tim Senior**

"Rural GPs Medical Forum" **Ross Wilson**

"HealthOne Rouse Hill collaborates with Macquarie University Eye Department in Telemedicine for retinal screening" **Michael Burke**

"Patient and Carer Responses to the HealthOne Rouse Hill Model" **Michael Burke**

Is there a need for a postgraduate course in Aboriginal and Torres Strait Islander health for general practitioners" **Tim Senior**

"Aboriginal health – what works?" **Tim Senior**

"The Business of Medicine and our Profession in a time of National Health System Reform" **Michael Tan**

Also two presentations by UWS students:

"Relationships between family history of cardiovascular, knowledge of cardiovascular risk and protective factors and health behaviours" – Rishi Sud, Bapti Roy and Jonathan Emerson
"Australian General Practitioners' perspective of their role in well child healthcare" **Jeremy Rajadurai, Adrian Jeyendra, Alan Trieu, Joanna Chanmungam, Suraj Nair and Radheshan Baskaran.**

Last but not least a UWS Poster "Collaborations and Innovations: starting a new GP teaching and research program in Western Sydney" **authored by the team and ably presented by Dr Nick Collins.**

GP CONJOINT INVITATION

Are you interested in applying to become a conjoint lecturer with the School of Medicine, UWS?

Being a conjoint GP lecturer recognises your contribution to research and teaching UWS medical students. It allows you staff access to the well-stocked UWS library, which has the second-largest collection of online resources including electronic books and journal subscriptions. It will also enhance your teaching and research experience by providing you opportunities to participate in teaching and research workshops, access to expert advice on ethics applications and clinical study design, and you will be entitled to apply for research grants using your university title with UWS administering them as the host institution.

The application form is brief and painless, and you will need to attach an updated CV.

THANK YOU TO OUR GP CONJOINTS

Dr James Aitken
Dr Kam Cheung Glen Au-Yeung
Dr Matthew Bailey
Dr Monica Ball
Dr Jurriaan Beek
Dr Hani Bittar
Dr Michael Burke
Dr Graham Chaffey
Dr Geoffrey Chew
Dr Kenneth Cho
Dr Jason Chow
Dr Nicholas Collins
Dr Michelle Crockett
Dr Milan Djukanovic
Dr Clare Donnelly
Dr Bernadette Droulers
A/Prof Michael Fasher
Dr Agatino Ferraro
Dr Sarah Gani
Dr Deepa Garg
Dr Magdy Girgis
Dr Upkar Goyal
Dr Matthew Gray

Dr Stephen Hampton
Dr Emad Hanna
Mrs Angela Hsiao
Dr Greg Hunter
Dr Rosemary Isaacs
Dr Colin Jamieson
Dr Walid Jammal
Dr Channappa Jayadev
Dr Bill Kefalas
Dr Frank Keh
Dr Sayeed Khan
Dr Chee Khoo
Dr Andrew Knight
Dr Heather Knox
Dr Tatjana Lakic
Dr Madhu Lal
Dr Carina Law
Dr Philip Law
Dr Jane Lawrence
Dr Karen Lickiss
Dr Tom Lieng
Dr Kenneth McCroary
Dr Louise McDonnell

Dr Linda McQueen
Dr Arif Mirza
Dr Diana O'Halloran
Dr David Pan
Dr Helen Parsons
Dr Anna Pham
Dr Harry Pope
Dr Georgia Rigas
Dr Hal Rikard-Bell
Dr Bernd Rupprecht
Dr Adel Samaan
Dr John Sandra
Dr Raymond Seeto
Dr Timothy Senior
Dr Christopher Soo
Dr Lawrence Tan
Dr Michael Tan
Dr Ian Thong
Dr Furio Virant
Dr Kam Cheung Wong
Dr Ling Yoong
Dr Simon Young

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