



WESTERN SYDNEY  
UNIVERSITY

# UNIVERSITY AND COMMUNITY SERVICES

## CONTACT LIST

**PLEASE KEEP THIS INFORMATION EASILY ACCESSIBLE**

# University services contact list

## Security

University Campus Safety and Security - 24 hours **1300 737 003**

## Counselling

University Counselling service **1300 668 370**  
[counselling@westernsydney.edu.au](mailto:counselling@westernsydney.edu.au)

## MHWP Team

**1300 668 370**

## Employee Assistance Program (EAP) – 24 hours

**1800 818 728**

# Emergency Contacts: Mental Health Assessment and contact services

If you are concerned about a student, colleague or someone you are working with, contact University Campus Safety and Security or the Head of Counselling during normal working hours, or the Mental Health Line if out of normal working hours.

## Emergency Services

Ambulance, Police and Fire - 24 hours

**000**

Mental Health Line – 24 hours

**1800 011 511**

The Mental Health Line is a 24-hour telephone service operating seven days a week across NSW

## Telephone help lines

Lifeline

**13 11 14**

[lifeline.org.au](http://lifeline.org.au)

Alcohol and Drug Information Service

**1800 250 015**

[yourroom.health.nsw.gov.au](http://yourroom.health.nsw.gov.au)

1800 RESPECT

**1800 737 732**

[1800respect.org.au](http://1800respect.org.au)

Link2Home (Homelessness NSW)

**1800 152 152**

[facs.nsw.gov.au/housing](http://facs.nsw.gov.au/housing)

NSW rape crisis centre (counselling and referral to local services)

**1800 424 017**

[rapecrisis.com.au](http://rapecrisis.com.au)

BeyondBlue

**1300 224 636**

[beyondblue.org.au](http://beyondblue.org.au)

Suicide Callback service 24hrs

**1300 659 467**

[suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)

Western Sydney University  
Locked Bag 1797  
Penrith NSW 2751 Australia

**[mhwb@westernsydney.edu.au](mailto:mhwb@westernsydney.edu.au)**



**[WESTERNSYDNEY.EDU.AU/MHWB](https://westernsydney.edu.au/mhwb)**