

Australia has the highest rate of skin cancer in the world, and melanoma is the second most common cancer in Australian men

This Men's Health Week, make a habit of protecting your skin:

Practice sun safety: Slip, slop, slap, wrap and slide

Get to know your skin through regular self-checks

Book an annual skin check through your GP

MEN'S HEALTH
WEEK 2023 June 12-18
HEALTHY HABITS

For more information about sun safety, visit
cancercouncil.com.au/cancer-prevention/sun-protection



**2023 INTERNATIONAL
MEN'S HEALTH WEEK**
#menshealthweek



**CENTRE FOR
MALE HEALTH**

