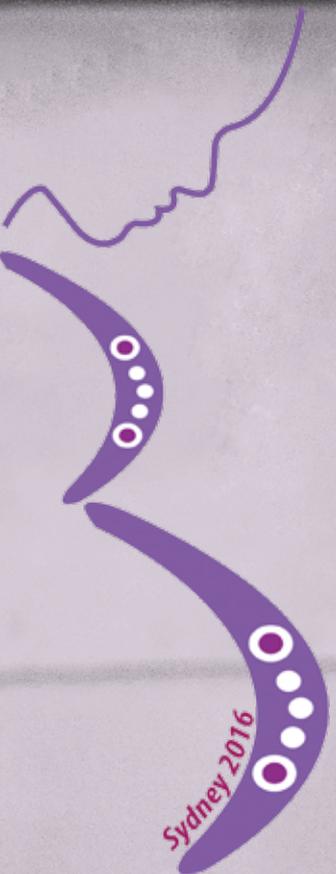




NORMAL LABOUR & BIRTH CONFERENCE PROGRAM



Sydney 2016

10-13 OCTOBER 2016

**WATERVIEW IN
BICENTENNIAL PARK**

Bicentennial Drive, Bicentennial Park
Sydney Olympic Park, Sydney

**WESTERN SYDNEY
UNIVERSITY**



Australian College
of Midwives



uclan
University of Central Lancashire

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Image supplied by Holly Priddis

Welcome from the Chair Professor Hannah Dahlen



As Chairperson for the 11th International Normal Labour and Birth Conference (NLBC) I am thrilled to welcome you to Sydney in 2016 to participate in one of the best midwifery conferences in the world.

This conference will be hosted by the School of Nursing and Midwifery, Western Sydney University in association with the Australian College of Midwives. The NLBC conference was founded by Professor Soo Downe from UCLAN and it has grown in reputation over the past 11 years. Every second year it leaves its lovely home in Grange-over-Sands in the English Lake District and goes to another country. The conference has now been held in Canada, China, Brazil, and in 2016 we will host it in Sydney.

I have been going to the International Normal Labour and Birth Conference since 2010 and have persistently advocated for Australia to be a host, as I know how many wonderful researchers and passionate midwives, doctors and consumers we have working for normal birth in this country. We will have a wonderful line up of speakers including 10 keynote speakers (midwives, obstetricians, lawyers, scientists and consumers), 100 oral presentations, 70 posters and nine workshops.

The conference will be held at Waterview located in Bicentennial Park, Sydney Olympic Park. The conference will address social, cultural, physiological, psychological, emotional and spiritual aspects of labour and birth. It will examine new developments in the current evidence based on the nature of and cultures around birth, and on associated processes and outcomes of labour and birth. Papers will cover primary and secondary research, methodological debates, and new philosophies and constructs in this area. Don't miss this amazing event. I look forward to seeing you Down Under!

Welcome from the Australian College of Midwives President, Professor Caroline Homer



As President of the Australian College of Midwives, I am delighted to welcome you to the 11th International Normal Labour and Birth Conference.

For the first time this important conference will be held in Australia and hosted by the School of Nursing and Midwifery, University of Western Sydney and the Australian College of Midwives. I was fortunate to attend one of the first Normal Labour and Birth Conference held in the beautiful Grange-over-Sands in Cumbria, England.

It was an amazing conference – I had not experienced the level of thoughtful discussion and debate about the importance of normal labour and birth at a conference previously. As a star-struck Aussie midwife,

it was also like being at the Oscars of the Midwifery World as many of the amazing midwives that I had only ever read were there and sharing their wisdom, research and stories. It was also a lot of fun and I have fond memories of sitting on the lawn at the lovely venue. I have watched this fabulous event mature and develop over time and it is now the premier international conference about labour and birth and a must for all who work alongside women giving birth.

I am therefore, absolutely thrilled that the 11th Conference will be held 'down under' in beautiful Sydney at a gorgeous time of the year – our spring and we are really pleased to be in partnership with the team at Western Sydney University. I encourage you to start making plans to head to Sydney! I look forward to seeing you in Sydney in October 2016.

Welcome from conference series founder (NLBC), Professor Soo Downe



Professor Soo Downe

“I am absolutely delighted to welcome everyone to the 11th International Normal Labour and Birth Conference here in Sydney.”

When we held the first event in the UK in 2001, we did not dare to dream that we might see the day when over 500 delegates would come from all around the world, to catch up with the latest in the fascinating and rapidly expanding world of normal birth research and practice. The organisers have done an outstanding job in creating a wonderful programme of scientific, practical and social activities. I look forward to spending the next three days together, and to contributing, learning, and enjoying what promises to be a very memorable event.

Since that first event the conference has now become an annual event, held in different locations around the world in even dated years, and in the UK in odd-dated years.

This event in Sydney follows Brazil in 2014; China in 2012; and Canada in 2010. Future events will be held in the USA (2018) and India (2020). More details about the Conference Series, and about members of the Conference Series group and the Conference Scientific Committee will soon be found on the Normal Birth Conference Series website which is under development.

Professor Soo Downe

THANKS TO OUR GOLD SPONSOR

Western Sydney University, ACM and ULAN would like to offer our heartfelt thanks to NSW Health's Nursing and Midwifery Office for their invaluable support of the Normal Labour and Birth Conference 2016.



Keynote speakers



PROFESSOR EUGENE DECLERCQ

Eugene Declercq is the Professor of Community Health Sciences and Assistant Dean for DrPH Education at the Boston University School of Public Health and professor on the faculty of Obstetrics and Gynecology at the Boston University School of Medicine. He has served as lead author of national reports on women's experiences in childbirth and in the postpartum period entitled *Listening to Mothers I, II & III* and *New Mothers Speak Out* and is the founder of the website birthbythenumbers.org. He is one of the Principal Investigators for the Massachusetts Outcomes Study of Assisted Reproductive Technologies (MOSART), an NIH funded study of infant and maternal outcomes associated with assisted reproductive technologies.

He was awarded the 2013 Martha May Eliot award from the American Public Health Association for service to maternal and child health in the U.S.



KERSTIN UVNÄS MOBERG

Kerstin Uvnäs Moberg is an MD, PhD from the Karolinska Institutet in Stockholm and a full professor of physiology at the University of Agriculture. She has published more than 450 peer reviewed original and review papers and supervised more than 30 PhD students. She spent her first 10 years as a scientist within the field of gastrointestinal physiology with a particular interest in the endocrine system of the gastrointestinal tract and the role of the vagal nerve.

In the beginning of the 1980's her research focus shifted to the physiology and psychology of oxytocin based on animal experiments and clinical studies. The role of sensory stimulation such as touch, warmth and stroking, for the release of oxytocin was studied in animal experiments. The release and role of oxytocin during labor, skin-to-skin contact, lactation and other types of relationships was studied in clinical studies.

Recent research topics include the role of oxytocin in human animal interactions and the role of human animal interactions on wellbeing and health and also the beneficial role of oxytocin in menopause.

She has published several books, e.g. *the oxytocin factor* and *the hormone of closeness* and *oxytocin the biological guide to motherhood*.



DR SARAH BUCKLEY

Dr Sarah Buckley is a qualified GP with training in GP obstetrics, and is currently a full-time writer and lecturer on pregnancy, birth and parenting. She is the author of the internationally best-selling book *Gentle Birth*. *Gentle Mothering* and is also the mother of four children.

Sarah has a special interest in hormonal physiology and was commissioned by Childbirth Connection (US) to write a scientific report on this topic. *Hormonal Physiology of Childbearing* was published in January 2015 by Childbirth Connection, now a program of the National Partnership for Women and Families, with support from DONA International and Lamaze International. This report has been described as "...one of the most revolutionary and influential publications on maternity and newborn care ever issued."

Sarah is committed to the best possible outcomes for mothers, babies, fathers and families in relation to hormonal physiology in childbearing and is currently also pursuing a PhD on this topic.

Keynote speakers (continued)



PROFESSOR CAROLINE HOMER

Caroline Homer is the President of the Australian College of Midwives. She was the first President to be publicly elected, has been an active member of Australian College of Midwives for more than 18 years and has served on many national and state- based committees.

In her day job, she is the Director of the Centre for Midwifery, Child and Family Health, Director of Midwifery Studies and the Associate Dean for International and Development in the Faculty of Health at the University of Technology Sydney.

She has led research into the development and implementation of innovative models of midwifery care and the translation of research into clinical practice and holds ARC and NHMRC grants. She has been involved in the development and evaluation of midwifery and maternity services in Australia and in a number of other countries in the Asia Pacific region, including Papua New Guinea, Samoa and Timor Leste.

She was an author in the Lancet Series of Midwifery and the 2014 State of the World's Midwifery Report.



PROFESSOR ALEC WELSH

Professor Welsh is a subspecialist in Maternal-Fetal Medicine (MFM) with Masters and PhD degrees in Digital Imaging and Fetal Imaging.

He is an active clinician in both obstetrics and maternal-fetal medicine, and is a strong believer in collaboration between midwives and obstetricians in maternity care.

He runs a Fetal Imaging Research team of ten at University New South Wales and coordinates the Perinatal Academic Group at Royal Hospital for Women.

He helped to establish the NSW Fetal Therapy Centre at the Royal Hospital for Women and performs laser therapy for twin-twin-transfusion syndrome as well as all other fetal procedures. Within the fetal medicine and fetal imaging research community, Professor Welsh has multiple collaborations including research groups of the Universities of Oxford, Sao Paulo, Michigan & Baylor College of Medicine. He has approximately 75 peer-reviewed publications.



PROFESSOR MARALYN FOUREUR

Maralyn Foureur has been a midwife for 40 years and academic for the past 20, and is Professor of Midwifery at the University of Technology Sydney (UTS). She is one of an inspiring team of midwives who prepare graduates to competently and compassionately care for women during pregnancy, childbirth and early parenting. In 1984 Maralyn set up the first independent midwifery practice in Australia with visiting rights to maternity hospitals in Newcastle, NSW.

This was the inspiration for one of the first randomised controlled trials of continuity of midwifery care (under her previous surname Rowley); a study that now forms part of the Cochrane systematic review of this model of care. With a record of 100 publications and more than \$5 million in research grants, Maralyn is regarded as a world leader in researching birth unit design and its impact on childbearing women and families and the quality and safety of maternity care provided by midwives. Her research findings have been translated into the design of several new Australian maternity units in Sydney, Canberra and Townsville and she is currently part of a team of researchers in Denmark undertaking a randomised controlled trial in this area.

“My lifetime research has contributed knowledge to understanding how relationship based care and an optimally-designed birth unit provide the best environment for labour and birth to unfold.”



SHEENA BYROM OBE

Sheena Byrom is a practising midwife, and worked within the NHS for more than 35 years. Sheena was one of the UK's first consultant midwives, and as a head of midwifery successfully helped to lead the development of three birth centres in East Lancashire. Sheena is a Board member of the Royal College of Midwives (RCM), a member of the RCM's Better Births initiative, Patron of StudentMidwife.Net and Chair of the Iolanthe Midwifery Trust. Currently Sheena is working as a midwifery expert at North Cumbria University Hospitals NHS Trust, and is one of the project leads for a new exciting development, the Midwifery Unit Network.

Sheena's midwifery memoirs, *Catching Babies*, is a Sunday Times bestseller, and her absolute passion is promoting normal physiological birth, and a positive childbirth experience for all women. Her latest book, *The Roar Behind the Silence: why kindness, compassion and respect matter in maternity care* is jointly edited with Soo Downe, and together they hope the book will be used as a resource to promote positive childbirth throughout the world. Sheena was awarded an OBE in 2011 for services to midwifery, and was made a Fellow of the Royal College of Midwives in 2015. Sheena actively lobbies for maternity service improvements through several social media channels. Sheena is currently a midwife consultant, and lectures nationally and internationally on midwifery and childbirth related topics. Her personal and midwifery related website is sheenabyrom.com



PROFESSOR SALLY TRACY

Sally Tracy is the Professor of Midwifery at the University of Sydney and conjoint Professor, School of Women's and Children's Health, Faculty of Medicine, University of New South Wales.

She leads the Midwifery and Women's Health Research Unit based at the Royal Hospital for Women.

Her research projects funded by the NHMRC include the randomised controlled trial of caseload midwifery care, the M@NGO trial; the EMU study, evaluating midwifery led units in New Zealand and Australia; and more recently the amniotic fluid lactate study and the Birth on Country partnership grant with the University of Queensland.



PROFESSOR SUE KILDEA

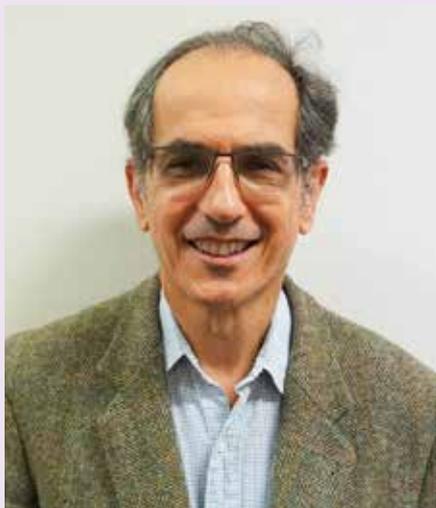
Sue Kildea holds a clinical chair in midwifery and is a joint appointment between the Mater Health Services Brisbane and the University of Queensland.

She has clinical, management, policy, education and research experience across both acute and primary health care settings.

Sue is a strong collaborative researcher and many of her research projects aim to make a difference to the lives of Aboriginal and Torres Strait Islander families.

Together with a Senior Elder from Maningrida in Arnhem Land she was a joint recipient of the UTS Human Rights Award for contribution to advancing reconciliation between Indigenous and non-Indigenous Australians (2004). Sue is a strong proponent of normal birth and returning birth to the rural, remote and primary care setting.

Keynote speakers (continued)



ANDREW BISITS

Andrew Bisits has been in full time obstetrics since 1984. Andrew is currently the medical co director of maternity services at the Royal Hospital for Women in Randwick Sydney a tertiary maternity service where 4100 babies are born each year.

He did his training in Newcastle, NSW, Australia and worked there for 23 years. During that time he developed a strong interest in models of maternity care that supported normal birth, hence the focus on midwifery teams, primary midwifery and midwifery group practices.

He has had a clinical, research and didactic interest in any area of obstetrics which minimises interventions and maximises the possibility of a safe and normal birth.

Since the planning of the term breech trial he has looked at various ways of maintaining the capacity to offer vaginal breech birth where appropriate. A large part of this has involved looking at ways to increase the possibility of physiological breech birth.

Andrew has research interests in statistics particularly the area of formal causal inference using observational data. He is a keen teacher.



BASHI HAZARD

Bashi Hazard is an Australian lawyer and the principal of B W Law, a legal practice directed at assisting women and children in Australia, and Board Director of Human Rights in Childbirth (HRiC). Bashi has represented families and individuals in coronial inquests, statutory investigations and in commercial litigation. She has also worked on healthcare policy and human rights based fact-finding reports both in Australia and internationally.

Bashi's background is in competition and consumer law, developed while working for several years with Allens in Sydney, immediately after graduating with first class honours in Law and Economics from the University of Sydney. Bashi has written and spoken on issues relating to competition and trade practices law, legal professional privilege, the human and constitutional rights of free speech, and women and reproductive rights, particularly in relation the human right to bodily integrity and informed consent.

Bashi is mother to 3 amazing young children, teaches ethics to primary school aged children and grows orchids.



LEONA MCGRATH

Leona McGrath is a very proud Aboriginal woman from Queensland, a proud descendent of the Woopaburra and Ku Ku Yalanji peoples. Leona is a midwife, artist, mother to three beautiful children and one gorgeous grandson. She is the Senior Advisor for the NSW Aboriginal Nursing & Midwifery Strategy. The Strategy provides financial support to Aboriginal people to undertake nursing & midwifery degrees.

Leona is the Chair of the Australian College of Midwives Aboriginal & Torres Strait Islander Advisory Committee and also the co-Chair of the Rhodanthe Lipsett Indigenous Charitable Midwifery Trust Fund. Leona's passion lies with increasing the Aboriginal & Torres Strait Islander Midwifery workforce which will contribute to better health outcomes for Aboriginal & Torres Strait Islander women, babies and the overall community.

Welcome to NLBC 2016



I'm Jacqui Cross, and I have the great privilege to be the Chief Nursing and Midwifery Officer within NSW Health. We're delighted to be a gold sponsor of Normal Labour and Birth 2016.

This is in part because one of my ambitions within this role relates to supporting midwives across a range of areas, and in particular how I can support midwives to protect promote and support normal birth.

One thing that I most admire about midwives is your strong expressive voice and your advocacy for midwifery and the woman-centred care you provide, including your passion in articulating the positive difference you make to women and their families every day.

The NSW Health policy "Towards Normal Birth" has fully embraced the necessary shift towards physiological birth, aiming to

increase the vaginal birth rate in NSW and decrease the rate of caesarean sections through reducing intervention and focusing on enabling positive birth experiences. This work also sits within a broader scope that requires us to address the needs of culturally and linguistically diverse communities and the care this group of women and families require.

I am particularly proud to be working with midwives such as Leona McGrath, and others like her, who show exceptional leadership in providing culturally safe midwifery care, and who support both our current and future Aboriginal and Torres Strait Islander midwives and students. One of my priority areas is to focus on ways to support midwives and nurses in their practice, to assist in creating a culture of lifelong learning and to explore opportunities to strengthen their practice and specialisation opportunities. Another equally important priority is to explore how we can nurture and support our midwifery students, as midwives of the future, through strengthening the relationship with experienced midwives so that knowledge and expertise can be shared.

Midwives also need to be supported to practice midwifery to their full potential and scope of practice, in an environment that supports them, whilst supporting a woman's choice regarding their birth. Ultimately women need to be in the centre of care, with care provided that supports their choice, with birth occurring in a culturally safe and appropriate environment with a known midwife. We are fortunate in NSW to have examples where exceptional care has been provided to women. The stories told by women when nominating midwives for our recent Excellent in Nursing and Midwifery Awards gives me great pride and confidence in the profession of midwifery.

I hope you have a productive and inspiring time at NLBC, and I look forward to both working with and supporting the passionate driven, midwifery profession within NSW.

Jacqui Cross
CNMO
NSW Government Health
Nursing & Midwifery Office

Thank you to
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Program

MONDAY 10TH OCTOBER 2016

TIME	SESSION AND SPEAKER
16:00-18:30	Early registration for NLBC
18:30-20:30	Welcome and Cocktails (surprise entertainment)

DAY ONE

TUESDAY 11TH OCTOBER 2016

TIME	SESSION AND SPEAKER				
08:00-08:50	Registration – coffee and tea on arrival				
08:50-09:15	Welcome to country and Aboriginal smoking ceremony				
09:15-09:30	Australian Conference Welcome Professor Hannah Dahlen and Professor Caroline Homer				
09:30-09:45	NLBC Chair's Address, Soo Downe , Professor of Midwifery Studies, UCLan				
09:45-10:30	Keynote Address Professor Eugene Declercq – “What would a maternity care system look like if we listened to mothers?”				
10:30-11:15	Refreshment Break				
11:15-12:55	CONCURRENT SESSION 1				
	LAKE ROOM 1	LAKE ROOM 2	POND ROOM 2	BEL PARCO 2	POND ROOM 1
	Place of birth	Challenging current thinking	Workshop 1	Workshop 2	Women's perspective
	<p>1. Saraswathi Vedam Provider attitudes and birth place: negotiating divergence in philosophy, scope and practice.</p> <p>2. Tracey Cooper Offering 'real' choice of place of birth.</p> <p>3. Rebecca Coddington Qualitative findings from The Birthplace in Australia study: Midwives' experiences of providing homebirth.</p> <p>4. Deborah Fox Birthplace in Australia: Qualitative perspectives on intrapartum transfer from planned homebirth to hospital.</p> <p>5. Helena Lindgren Outcomes of planned home births vs hospital births in four Nordic countries 2008-2013.</p>	<p>1. Kate Braye Are current guidelines for Group B Streptococcus (GBS) prophylaxis causing iatrogenic microbial and epigenetic harm for minimal short-term gain?</p> <p>2. Elizabeth Whitney Measuring progress in labour without the use of vaginal examination: Can midwives verbalisation of events in labour reveal tacit cues to reliably indicate progress in order to inform the design of a labour observation tool?</p> <p>3. Andrew Symon Evaluation of a retrospective diary for peri-conceptual and mid-pregnancy drinking: Scottish cross-sectional study.</p> <p>4. Kim Russell Using Foucault's theory of Heterotopia to explain how change in English labour ward midwives use of birthing pools was achieved.</p> <p>5. Christine Catling The culture of midwifery in Australia.</p>	<p>Sheena Byrom Mothers, maternity workers and social media. ‘This workshop will explore the opportunities social media presents to maternity care workers and those they serve. An overview of the range of social media platforms available will be explored, in addition to how social media is being used as an important aspect of health care. The workshop will also highlight the importance of positive online behaviours, and how to stay safe’.</p>	<p>Lesley Dixon Management of the third stage of labour: What does this mean to you? The aim of the workshop is to explore how midwives support placental birth in a way that is beneficial for both mother and baby. The latest understandings of the physiology and the evidence for the different components of third stage care will be examined along with exploration of the elements of third stage care considered important in reducing the rate of post-partum haemorrhage.</p>	<p>1. Tine Schauer Eri What matters to women who have given birth in Norway: Findings from the Babies Born Better Survey (B3 – Survey).</p> <p>2. Margaret McCormick Women's perception of safety during labour and birth: An integrative review.</p> <p>3. Lyndall Mollart Are women interested in acupressure to increase spontaneous onset of labour?</p> <p>4. Lesley Kay Hearing stories of birth in pregnancy: A hermeneutic phenomenological study of women's experiences across two generations.</p>

Program (continued)

DAY ONE – CONTINUED TUESDAY 11TH OCTOBER 2016

TIME	SESSION AND SPEAKER				
12:55-14:00	Lunch and Poster Viewing (Student Midwives meeting)				
13:30-14:00	Formal Poster Viewing (posters accompanied by poster authors)				
14:00-15:40	CONCURRENT SESSION 2				
	LAKE ROOM 1	LAKE ROOM 2	POND ROOM 1	POND ROOM 2	BEL PARCO 2
	Physiological birth	Progress in labour	Workshop 1	Workshop 2	Complex issues
	<p>1. Mechthild Gross The longitudinal analysis of care during labour: The midwifery perspective.</p> <p>2. Mervi Jokinen Interventions in labour: The established 'normal' in spontaneous vaginal birth?</p> <p>3. Kathrin Stoll Birth preferences and attitudes of the next generation of Western Australian maternity care consumers.</p> <p>4. Kate Levett The Complementary Therapies for Labour and Birth study: A randomised controlled trial of antenatal integrative medicine for pain management in labour.</p> <p>5. Melissa Avery Womens' and prenatal care providers' perceptions of prenatal influences on maternal confidence for physiologic labor and birth.</p>	<p>1. Nigel Lee A pilot randomised controlled trial of two types of partographs for normal first stage labour management.</p> <p>2. Nancy Lowe Nomenclature and a proposed approach for the diagnosis of labor dystocia.</p> <p>4. Karin Angeby Prevalence of a prolonged latent phase and labour outcome: Review of birth records in a Swedish population.</p> <p>5. Nancy Lowe Oxytocin augmentation and cesarean delivery in nulliparous women following spontaneous labor onset based on ACOG/SMFM, Friedman, and NICE active labor determination strategies.</p>	<p>Dr Sarah Buckley Hormonal Physiology of Childbearing.</p> <p>Find out how the hormonal physiology of childbearing enhances efficiency and safety for mother and baby in labour and birth.</p> <p>Sarah Buckley's report <i>Hormonal Physiology of Childbearing</i> will form the basis for this workshop. This report provides substantial scientific evidence that normal labour and birth are essentially salutogenic, promoting positive health and wellbeing for mother and offspring. The report also documents the growing evidence that common maternity care interventions can disturb hormonal processes, reduce their benefits, and create new short- and longer-term challenges.</p>	<p>Bernadette Leiser Acupressure for the perinatal period.</p> <p>This workshop aims to provide health care providers with sufficient theory and practical skills to identify and use six acupressure points for the use in late pregnancy, labour and childbirth</p>	<p>1. Michelle Sadler Non medical factors influencing the practice of caesarean sections in Chile.</p> <p>2. Hazel Keedle Women's reasons for, and experiences of, choosing a homebirth following a caesarean section.</p> <p>3. Jeni Stevens Who owns the baby? Skin-to-skin contact after a caesarean section.</p> <p>4. Ellen Tilden Producing robust and compelling normal labor and birth science: The power of causal inference methods.</p> <p>5. Lillian Peters Agreement between data in the Netherlands Perinatal Registry and recollection of events by women in midwife-led care at the onset of labor.</p>
15:45-16:25	Refreshment Break				
16:25-17:15	Keynote Address – Professor Caroline Homer – Why normal birth matters in low and middle income countries too				

DAY TWO WEDNESDAY 12TH OCTOBER 2016

TIME	SESSION AND SPEAKER			
08:00-08:50	Registration – coffee and tea on arrival			
08:50-09:10	Welcome from Chair and the Midwifery Students perspective on normal birth			
09:10-09:40	Keynote Address – Professor Sally Tracy and Professor Alec Welsh “Working together for normal birth”			
09:40-10:10	Keynote Address – Dr Andrew Bisits “Can breech birth be normal birth?”			
10:15-11:00	Refreshment Break			
11:00-12:40	CONCURRENT SESSION 3			
	LAKE ROOM 1	LAKE ROOM 2	BEL PARCO 2	POND ROOMS 1 & 2
	Breech Birth	Changing the system	Workshop 1	Models of care
	<p>1. Shawn Walker Intention, identity and responsibility: A grounded theory study concerning physiological breech birth skill acquisition.</p> <p>2. Shu-Wen A decision-making model regarding birth choices following a previous caesarean delivery.</p> <p>3. Mary Sheridan Support for vaginal breech birth at term: Findings from the UK “Think Breech” a mixed methods study.</p> <p>4. Karol Petrovska Searching for autonomy: An international quantitative survey of women’s expectations and experiences surrounding planned vaginal breech birth.</p> <p>5. Marg Docking Embracing the traditional male leadership in Uganda to improve birth outcomes.</p>	<p>1. Tracey Cooper Using evidence for transformational change.</p> <p>2. Lyndel Gray Translation of normal labour and birth research: The implementation of a statewide normal birth guideline.</p> <p>3. Lorna Davies Barriers to sustainability in midwifery practice.</p> <p>4. Suha Hussein The barriers and facilitators of introducing evidence-based practices around the use of episiotomy in Jordan.</p> <p>5. Maryam Bazargan An overview of child-birth in Iran: Who does the maternity care system serve?</p>	<p>Mary Newburn Midwifery Unit Network: Building capacity and confidence through dissemination and social media networking.</p> <p>The workshop will share the philosophy and practice of Midwifery Unit Network (MUNet). The model will be critically appraised; delegates will be asked to consider how the existing network could be developed further and whether they would like to participate or create an affiliated MUNet in their own country.</p>	<p>1. Michelle Newton Understanding how caseload works: Can theory help?</p> <p>2. Kate Dawson Caseload midwifery in Australia: What access do women have?</p> <p>3. Hilde Perdok-Van Opinions of professionals about integrating midwife-led and obstetrician-led care in the Netherlands.</p> <p>4. Allison Cummins What are the experiences of new graduate midwives working in midwifery continuity of care models?</p> <p>5. Ingegerd Hildingsson Swedish women’s interest in alternative models of care. Time to consider the system?</p>

Program (continued)

DAY TWO – CONTINUED WEDNESDAY 12TH OCTOBER 2016

TIME	SESSION AND SPEAKER				
12:40-13:45	Lunch				
	ACM Session – “How does reconciliation look for the Australian College of Midwives?”				
13:15-13:45	Formal Poster Viewing (posters accompanied by poster authors)				
13:45-15:05	CONCURRENT SESSION 4				
	BEL PARCO 2	POND ROOM 1	LAKE ROOM 1	LAKE ROOM 2	POND ROOM 2
	Workshop	Perspectives on labour and birth	Quality maternity care	Workshop 1	Workshop 2
	<p>Jane Sandall Implementing and scaling up sustainable continuity models of care: A workshop on practical application and theoretical underpinnings from implementation science.</p>	<p>1. Sarah Norris Cognitive apprenticeship in a midwifery led unit: The teaching and learning experience of midwifery mentors and student midwives.</p> <p>2. Meg Hitchcock Walking with a foot in each world: Students’ experiences of dealing with the divide between theory and practice.</p> <p>3. Saraswathi Vedam Mapping access to physiologic labour and birth across birth settings.</p> <p>4. Maggie Redshaw Which women are actually asked about their mental health in pregnancy and the postnatal period? Findings from a national survey.</p>	<p>1. Lesley Page Relationships: The key to safe, high quality maternity care.</p> <p>2. Sally Cusack Women turning the tide: How a rural birthing service was saved.</p> <p>3. Mary Newburn Service user involvement: Women changing services.</p> <p>4. Holly Powell Kennedy Quality maternal and newborn care and the contribution of midwifery: Establishing research priorities.</p>	<p>Rhea Dempsey Pain dynamics and physiological birth.</p> <p>This workshop will focus on discussing and sharing information and stories relating to concepts, which underpin Pain Dynamics. Participants will develop strategies for practical application of the theory of Pain Dynamics and its underlying concepts during midwives’ conversations with pregnant women, in birth education settings, in the birth space and in postnatal discussions.</p>	<p>Nigel Lee Sterile water injections for pain in labour.</p> <p>The workshop is designed to assist participants in acquiring the theoretical and practical knowledge needed to practice and propagate the procedure. The workshop will also assist in addressing the challenges faced when introducing new practices.</p>
15:05-15:40	Refreshment Break				
15:40-16:10	Keynote Address – Professor Sue Kildea – Birthing on Country: From Policy to Practice				
16:10-16:40	Keynote Address – Leona McGrath – An Aboriginal Midwife’s perspective				
16:40-17:00	Q & A				
19:00-23:00	Dinner (Waterview)				

DAY THREE THURSDAY 13TH OCTOBER 2016

TIME	SESSION AND SPEAKER			
08:00-08:50	Registration – coffee and tea on arrival			
08:50-09:20	Welcome by Chair and “It is raining Oxytocin” – Shea Caplice			
09:20-10:00	Keynote Address Professor Kerstin Uvnas Moberg – The Oxytocin Factor			
10:00-10:30	Keynote Address Professor Maralyn Foureur “How birth space can influence normal birth”			
10:30-11:15	Refreshment Break			
11:15-12:55	CONCURRENT SESSION 5			
	LAKE ROOM 2	LAKE ROOM 1	BEL PARCO 2	POND ROOM 1 & 2
	Birth issues	Labour and birth	Safe care	Complex issues
	<p>1. Rachel Reed Traumatic childbirth: Women’s descriptions of care provider actions and interactions.</p> <p>2. Jenny Gamble Post traumatic stress in Australian midwives: Prevalence and risk factors.</p> <p>3. Birgitta Larsson Counseling for childbirth-related fear: Evaluation and a national overview.</p> <p>4. Christine Rubertsson Higher prevalence of childbirth related fear in foreign born pregnant women – findings from a community sample in Sweden.</p> <p>5. Rakime Elmir Normalising birth: Australian midwives responses to obstetric emergencies.</p>	<p>1. Ank de Jonge Numbers needed to cheat: Sense and nonsense about the safety of births planned in primary care and out of hospital.</p> <p>2. Jennifer Vanderlaan Neonatal outcomes with hospital waterbirth.</p> <p>3. Jane Henderson Women’s experience of early labour: A mixed methods study.</p> <p>4. Melissa Cheyney Maternal and newborn outcomes following waterbirth: The Midwives Alliance of North America statistics project, 2004 to 2009 cohort.</p> <p>5. Melissa Cheyney Planned Home VBAC in the United States, 2004-2009: Outcomes, maternity care practices, and implications for shared decision making.</p>	<p>1. Maria do Carmo Leal Provider-initiated late preterm births in Brazil: Differences between public and private health sectors.</p> <p>2. Jane Wines Could the midwives of British Columbia benefit from a model of midwifery supervision?</p> <p>3. Natasha Donnelly The Maternity Care Classification System: A more accurate way of defining models of care than by name alone.</p> <p>4. Lesley Dixon The emotional well being of New Zealand midwives.</p> <p>5. Jane Sandall Variation in healthy maternal and newborn birth outcomes in England: The influence of organisational, staffing and women’s background characteristics.</p>	<p>1. Malin Edqvist Midwives management during the second stage of labor in relation to perineal injuries.</p> <p>2. James Harris Assessing the barriers and facilitators of the implementation of delayed cord clamping: A qualitative synthesis.</p> <p>3. Jeffrey Craig Can twins have a normal birth?</p> <p>4. Sue Kildea Continuity of midwifery carer moderates the effects of prenatal maternal stress on postnatal maternal wellbeing: The QF2011 Queensland Flood Study.</p> <p>5. Hannah Dahlen The relationship between early birth, caesarean section and maternal mental health and gastro-oesophageal reflux in infants admitted to hospital in the first 12 months following birth in NSW (2000-2011).</p>

Save the Date

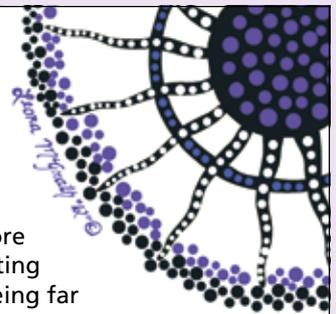


ACM NATIONAL CONFERENCE

30th October 2017 - 2nd November 2017
Adelaide, South Australia

RHODANTHE LIPSETT

“Indigenous Midwives for Tomorrow”



Our Story

With only 223 Aboriginal and Torres Strait Islander midwives registered in Australia it is clear that more must be done. It is well known that many students find it challenging to complete their studies. Meeting additional expenses – such as childcare, travel to university, fees and textbooks when studying and being far from home and family – is known to affect retention of students. The scholarships from this fund will go towards some of the costs incurred when undertaking studies, which may not be covered by other funding options.

The Fund will disperse these grants and scholarships from funds derived from capital accrued funds as well as specific donations in the form of supplemental grants and bursaries to Aboriginal and Torres Strait Islander women wanting to become midwives.

Our Aim

Our aim is to contribute to the Australian Government's initiative: Closing the Gap, by providing assistance to Aboriginal and Torres Strait Islander people who are training to be midwives, in order to increase their chances of completing their training.

Our Goals

- To increase the number of qualified Aboriginal and Torres Strait Islander midwives.
- To increase the number of Aboriginal and Torres Strait Islander people working as midwives within rural, remote and urban communities.
- To provide Aboriginal and Torres Strait Islander people considering a career in midwifery with incentives in the form of financial support to help them in achieving their goal to become a midwife.
- To strengthen families and communities by increasing the quality and cultural appropriateness of maternal and newborn health care provided to Aboriginal and Torres Strait Islander women.

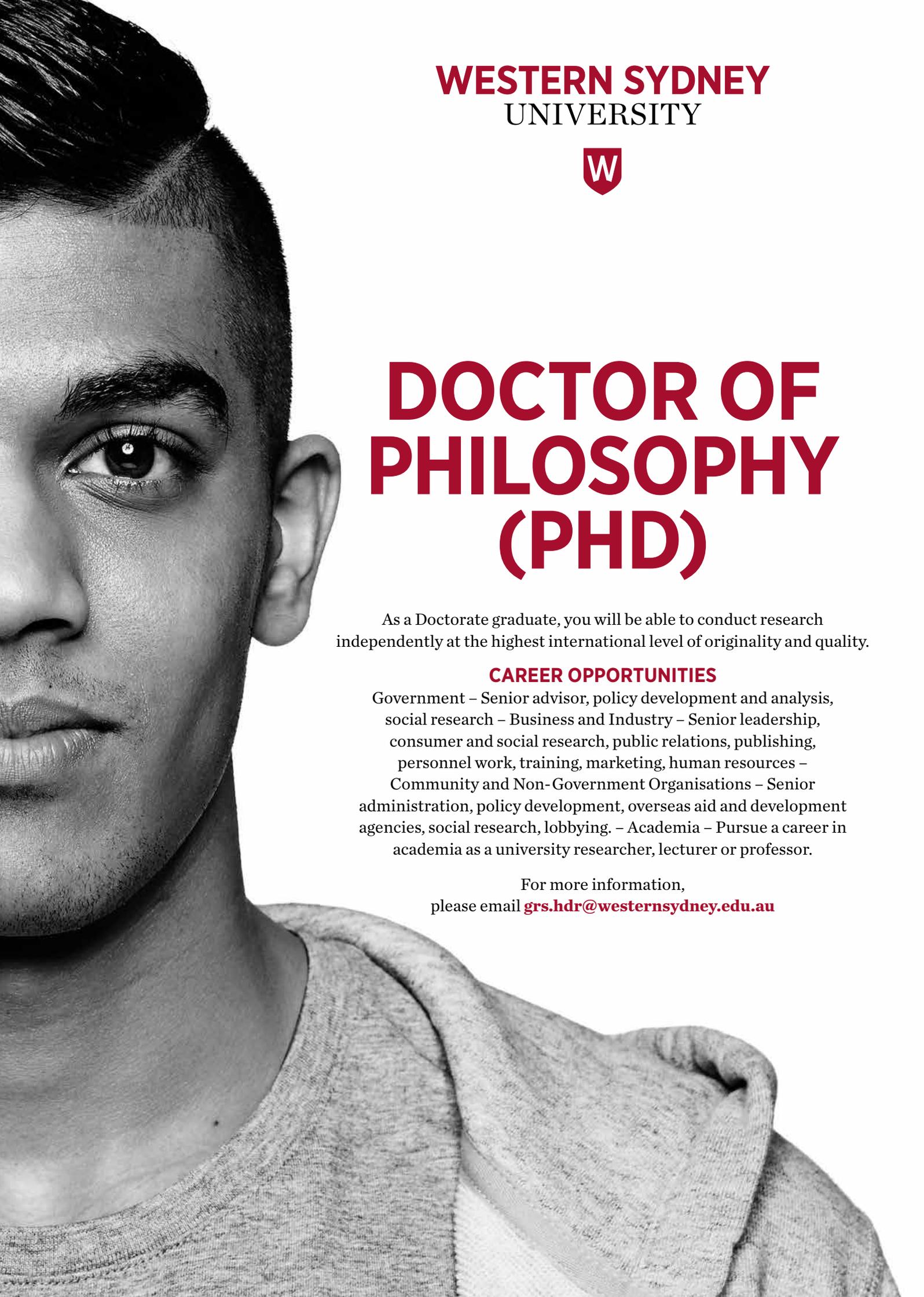
For more information or to donate to the Trust please visit:

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Program (continued)

DAY THREE – CONTINUED THURSDAY 13TH OCTOBER 2016

TIME	SESSION AND SPEAKER				
12:55-14:00	Lunch				
13:30-14:00	Formal Poster Viewing (posters accompanied by poster authors)				
14:00-15:40	CONCURRENT SESSION 6				
	LAKE ROOM 1	LAKE ROOM 2	POND ROOM 2	POND ROOM 1	BEL PARCO 2
	Human rights in childbirth	Breastfeeding and newborn health	Supporting midwives	Labour and birth	Choice
	<p>1. Zoe Miller-Vedam Is there a human right to physiologic birth? The European Court of Human Rights and access to home birth.</p> <p>2. Wendy Kline When legal mechanisms fail: Activism and the uphill battle for reproductive justice.</p> <p>3. Silvana Granado Pregnancy and birth care racial inequalities in Brazil.</p> <p>4. Rebecca Jenkinson Supporting women's autonomy: Lessons from one tertiary hospital.</p> <p>5. Elizabeth Newnham The circle of trust: New developments in midwifery theory for supporting normal birth.</p>	<p>1. Laura Godfrey-Isaacs From The Madonna to Brelfies: Representations of the breast and breastfeeding, and how the contemporary public performance of breastfeeding, acts as a form of cultural resistance.</p> <p>2. Kajsa Brimdyr Why birth matters: The impact of epidurals on newborn behavior.</p> <p>3. Kajsa Brimdyr Why birth matters: The impact of synthetic oxytocin on newborn behavior.</p> <p>4. Elaine Burns Normalising breastfeeding: Midwifery language and practices during breastfeeding support.</p> <p>5. Virginia Schmied The impact of birth intervention on parenting experience and admission to residential early parenting centres in Australia in the first 12 months after birth.</p>	<p>1. Fiona McArthur How to write your Midwife story.</p> <p>2. Alison Teate Exploration of storytelling in antenatal care.</p> <p>3. Trudy Allende and Shea Caplice "How we do it: Malabar Midwives a decade of caring for Aboriginal families".</p> <p>4. Shea Caplice The Midwife Inside – Film.</p>	<p>1. Robyn Maude Sustaining intelligent structured intermittent auscultation: Evaluating change.</p> <p>2. Marianne Nieuwenhuijze Exploration of women's and midwives' ethical values in decision-making.</p> <p>3. Lisa Kane Low Consumer attitudes about the role of monitoring and consent.</p> <p>4. Helen Shallow Are you listening to me? An exploration of the interactions between women and midwives when labour begins: A feminist participatory action research Study.</p> <p>5. Jenny Parratt Care in the first 30 minutes after birth: What do Australian women want maternity care providers to know?</p>	<p>1. Sally Boyle Midwives views on partnership working with women and the factors that influence the provision of informed choice.</p> <p>2. Lyn Francis Women leaving or ending domestic violence and barriers to disclosure</p> <p>3. Ellise Adams The culture of homebirth: What can women teach us?</p> <p>4. Hilary Gatward The clock is ticking.</p> <p>5. Elizabeth Rigg Why do women choose an unregulated birth worker to birth at home in Australia: A qualitative study?</p>
15:40-16:20	Refreshment Break				
16:20-17:00	Keynote – Bashi Hazard – Human rights in childbirth				
17:00-17:20	Panel of experts: Where to now?				
17:20-17:30	Close				



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Posters

DAY ONE TUESDAY 11TH OCTOBER 2016

NAME	POSTER
James Harris	Engagement in the research process for undergraduate midwifery students: The role of the clinical audit
Corine Verhoeven Hilde Perdok	The effect of continuous support of women in labour by primary care midwives on referral rates during labour in The Netherlands
Saraswathi Vedam	Giving voice to mothers of color
Tracey Cooper	What do women and midwives think that a midwife does: A feminist technoscience perspective
Tanya Capper	Sharing midwifery students experiences of normal birth
Susanne Ahlund	Complications and birth satisfaction three weeks after birth: A comparison between two methods for midwives' management of second stage of labour
Susanne Darra	Coping help and coherence in 'normal' childbirth
Robyn Maude	Can early pregnancy probiotic supplementation reduce the rate of gestational diabetes?
Peggy Seehafer	Static terms for a multifactorial influenced process of body movements during birth
Pei-Chi Liu	An exploration of parental expectations, experiences and reactions and grade of anxiety related to routine ultrasound examination in Taiwan
Pascale Pagola Davis	Prenatal education in private health in Chile: Empowering couples and promoting normal birth
Ingvild Aune	"I have a positive attitude to childbirth" – Factors promoting a normal birth and a positive birth experience
Jutta Wohrab	NLP and hypnosis in childbirth creating the right inner vision
Helen Hall	Mindfulness and perinatal mental health
Helen Watson	Discrimination against childbearing Romani women and their infants in maternity care in Europe
Federico Giroi Kate Levett	Economic analysis of the Complete Birth Study: A randomised controlled trial of antenatal integrative medicine for pain management in labour
Katarzyna Wszółek	The influence of socioeconomic and medical factors on emotional changes during the postnatal period
Sara Kindberg	Secondary perineal repairs. Experiences from Aarhus University Hospital in Denmark
Alison Teate	Exploring the video analysis process

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Posters (continued)

DAY TWO WEDNESDAY 12TH OCTOBER 2016

NAME	POSTER
Meei-Ling Gau	Efficacy of ergonomics ankle support aid for squatting position on pushing skills and birth outcomes during the second stage of labor
Margareta Johansson	Swedish fathers contemplate the difficulties they face in parenthood
Margareta Johansson	Swedish fathers' experiences of childbirth in relation to maternal birth position: A mixed method study
Margaret Flood	How accurately do midwives report postpartum haemorrhage in Victoria?
Mary-Ann Davey	Risk factors for excessive blood loss in the COSMOS trial
Lisa Johnston	Keeping it normal through continuity of care: Reflections and discussion from midwives of Townsville Birth Centre
Lindsay Cole	The delivery driver: Attributions of accountability for medical intervention use during childbirth
Lena Back	It takes years to achieve: Swedish midwives about professional confidence
Li-Chu Lee	Evaluation of the effects of Friendly Childbirth Program on childbirth outcome
Laura Gabriel	The influence of 'risk' on intrapartum midwifery care: A literature review
Karolina Petrovska	Death, risk and danger: A prospective analysis of web-based news reports on breech birth
Karin Cato	Risk factors for exclusive breastfeeding lasting less than two months: Identifying women in need of targeted breastfeeding support
Lauren Williams	Can a change in early labour care reduce epidural rates in a tertiary hospital?
Julie Arthur	Establishing the first alongside primary maternity facility in New Zealand
Jessie Isabella Johnson-Cash	Stages of labour: A systematic literature review
Jayne Garrod	Making childbirth choices: Women's use of social and traditional media
Jane Henderson	Women's worries about and experience of labour pain and associated outcomes
Jocelyn Toohill	Birth trauma and fear in midwives: Prevalence and impact on provision of care
Ellise D. Adams	The effects of skin-to-skin care during an uncomplicated cesarean compared to skin-to-skin care after a complicated cesarean on maternal and newborn outcomes
Ellen Blix Helena Lindgren	Transfers to hospital in planned home birth in four Nordic countries

DAY THREE THURSDAY 13TH OCTOBER 2016

NAME	POSTER
Clare Davison	Looking back, moving forward
Christa Buckland	Doulas are not midwives in embryo: Where do they belong?
Catherine Donaldson	Keeping the flame alive: Exploring and invigorating normal birth practice amongst postgraduate mid-wifery students
Beryl Davies	Should midwives challenge the guidelines for the care of babies at birth?
Beryl Davies	Can midwifery care prevent preterm births?
Lilleengen Anne Marie Ingvild Aune	Continuity of care in midwifery studies – a qualitative study of students' reflections from home visits postnatal
Robyn Gasparotto	Birth unit outcomes with and without central fetal monitoring
Amanda Hutcherson Robyn Gasparotto	Setting up a volunteer doula service in the London UK: A scoping study
Andrew Symon	Midwifery-led antenatal care models: Mapping a systematic review to an evidence-based quality framework to identify key components and characteristics of care
Leonie Mary Hewitt	Australian midwifery leaders views on the attributes required in managers to effectively manage a midwifery group practice
Jane Carpenter	Water immersion during labour and waterbirth in Australia: A prospective observational study.
Jane Sandall	Are guidelines for gestational weight gain achievable, and does it matter, in obese pregnant women? Findings for the UPBEAT trial
Annika Karlstrom	Swedish women's experience of emergency caesarean section
Alys Einion	Making a difference: Student midwives holistic understanding of women with complex needs
Alys Einion	Using dynamic narratives to facilitate enquiry-based learning: Developing holistic knowledge for maternity care
Maggie Redshaw	How does peer support on women's emotional wellbeing during pregnancy and following childbirth? A qualitative study
Lisa Davenport	Placental birth practices: Exploring midwifery and medical management of the third stage of labour in a regional Queensland Hospital
Allison Cummins	The challenge of employing and managing new graduate midwives in midwifery group practices in hospitals
Jeffrey Craig	A guide to twin zygosity and chorionicity

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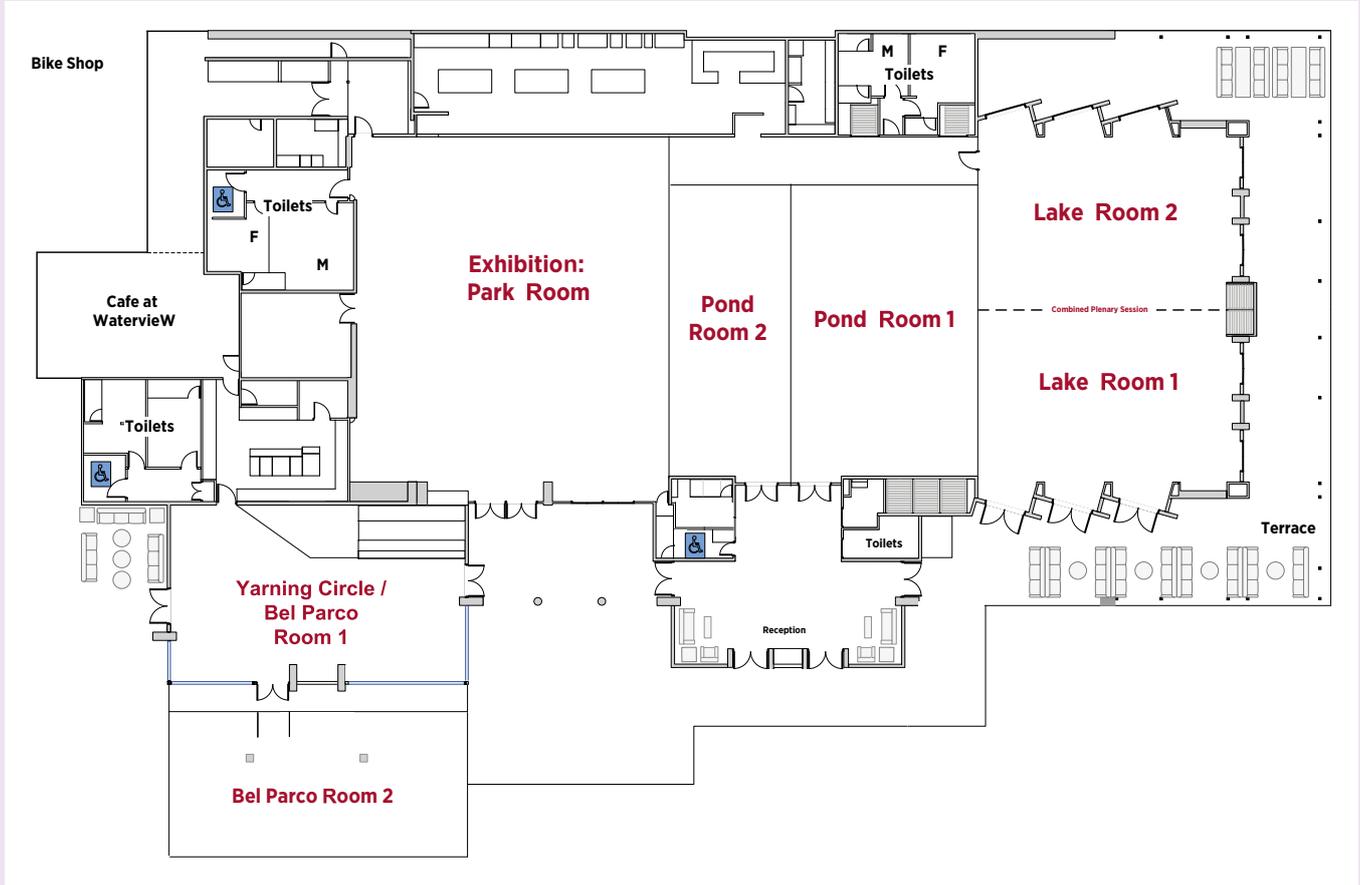
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- Parental social and emotional health in pregnancy and early childhood
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